



Health care rights and responsibilities for young people

You have the right to:

- receive the best available health care
- be protected from harm
- share your views, and be heard and taken seriously
- ask questions and receive answers about everything that concerns you
- get information, in a way that is easy to understand
- take part in decisions about your care
- make decisions about your care, as much as you're able to
- have your privacy respected
- be treated with respect for your values, beliefs, identity, and culture, both as an individual and as part of your family
- be with and guided by your family, unless this is not in your best interest
- take part in education, play, creative activities and recreation, even if this is difficult due to your illness or disability.

Our responsibilities are to:

- listen to you and your family to make sure we understand what you need
- find you the best available health care service to meet your needs
- have systems that prioritise your safety, with clear policies and practices
- make sure all the adults in the organisation, who work with children, are safe adults
- talk to you about your right to be safe and listen to what you have to say
- work together to plan who to inform to ensure your safety
- take action
- treat your personal information confidentially and only share it with people who need to know.

Adapted from the Charter of Rights of Children and Young People in Healthcare Services in Australia (AWCH)

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