

Right Care, Right Place: eating disorders care in my community

Expressions of interest sought from general practitioners interested in body image issues and eating disorders

Background

North Western Melbourne Primary Health Network's *Right Care, Right Place* pilot program enables general practitioners interested in mental health, body image issues and eating disorders to deliver optimal patient care.

The pilot focuses on early intervention and creates opportunities for patients to receive low or no cost multidisciplinary treatment. Patients can be referred without a formal diagnosis of an eating disorder. An eating disorders treatment and management plan (EDP) is not required.

Central to the *Right Care, Right Place* project is NWMPHN's newly appointed Eating Disorders Service Navigator who works to assist practitioners and patients find local service and treatment options funded by NWMPHN.

The Service Navigator provides free expert advice and guidance, helping GPs form and integrate into treatment teams, working alongside mental health professionals and dietitians to provide evidence-based care to people of all ages.

The *Right Care, Right Place* project has been developed in partnership with the National Eating Disorders Collaboration (NEDC) and funded by the Commonwealth Government Department of Health and Aged Care. It runs until 30 June 2026.

Places within the pilot are strictly limited. Closing date for applications is **Sunday, 30 March 2025**.

Benefits

Participating in this activity brings several benefits, including:

- Free training for GPs in identification, screening, assessment and referral of patients with body image concerns and eating disorders.
- Ability to meet requirements for the national [Eating Disorder Credential](#). These include:
 - holding general and specialist registration in General Practice with AHPRA
 - completed training in either the NEDC [Eating Disorder Core Skills: eLearning for GPs](#), or InsideOut's [The Essentials: Training Clinicians in Eating Disorders](#)
- A multidisciplinary treatment team, including psychologist and dietitian, to ensure treatment providers and consumers are supported.

- Access to NWMPHN's Eating Disorders Service Navigator, who will ensure consumers of all ages can access local and appropriate evidence-based treatment.
- Advice on encouraging patient engagement through initiating and responding to conversations.
- Access to a Community of Practice with regular meetings to support networking and ongoing learning.
- Reimbursement for participating in case conferences with the treatment team, in recognition of the need to undertake this work between sessions with the patient (\$75 per case conference, maximum three per patient per 12 months).
- Earning four hours towards your CPD requirements.
- A recognition payment of \$400 on completion of training (four hours, online) and attendance at a professional development and networking event (one hour, online or in-person).

What is involved?

- Completion of four hours of online training in the identification, screening, assessment and referral of eating disorders - to be completed within four weeks of selection via EOI.
- Support from the Eating Disorder Service Navigator to refer patients into affordable mental health and dietetics services.
- Participation in subsidised case conferences with other members of the treatment team. Subsidies continue until the end of the pilot.
- Attendance at regular online and in-person Community of Practice sessions.

Continuing professional development

Completing the eating disorders training will provide four Educational Activity RACGP CPD hours.

The training is also accredited for General Practice Mental Health Standards Collaboration (GPMHSC) as Mental Health CPD, and the Australian College of Rural and Remote Medicine (ACRRM) under the Professional Development Program.

How to apply

If you are interested in *Right Care, Right Place* please complete the attached application form, and submit it by 5pm on **Sunday, 30 March 2025**.

For more information contact:

Cathy Wyett, Project Lead

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Email: cathy.wyett@nwmpHN.org.au

ABOUT PHNs

Australia's 31 primary health networks are funded by the Australian Government Department of Health and Aged Care to coordinate primary health care and improve health outcomes in their local community. Melbourne Primary Care Network operates the North Western Melbourne Primary Health Network.

EXPRESSION OF INTEREST: Application

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Applicant name:		
	<input type="checkbox"/> General Practitioner	
Name of practice:		
Practice address:		
Contact details	Phone:	Email:
Eligibility		
You must be able to tick each of these boxes to be eligible to nominate:		
<input type="checkbox"/> Work in the NWMPHN catchment		
Expression of Interest questions		
1. Do you currently see patients with eating disorders, disordered eating or body image issues?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
2. Are you willing to have new patients referred to you once you've completed the training?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
3. Do you have adequate support via practice nurses or administration staff who could assist with the coordination of case conferencing?	<input type="checkbox"/> Yes <input type="checkbox"/> No	
Additional comments		
Please provide any additional information to support your application		



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We acknowledge the peoples of the Kulin nation as the Traditional Custodians of the land on which our work in the community takes place. We pay our respects to their Elders past and

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