

medicare

Mental Health

1800 595 212

Connect with FREE advice when you need it most

Are you feeling down, stressed or overwhelmed?
Call Medicare Mental Health and we'll guide you
to the right services and supports for your needs.

Phone 1800 595 212.

Medicare Mental Health is not a crisis service.
If you need urgent help, call 000.



**Save to your
phone**



medicare Mental Health

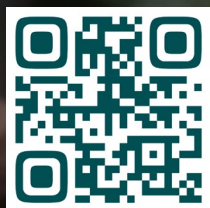
1800 595 212

Start a conversation with someone who gets you

Are you feeling down, stressed or overwhelmed?
Call Medicare Mental Health and we'll guide you to
the right services and supports for your needs.

Phone 1800 595 212.

Medicare Mental Health
is not a crisis service. If you
need urgent help, call 000.



**Save to your
phone**



medicare Mental Health
1800 595 212

Start a conversation with someone who gets you

Are you feeling down, stressed or overwhelmed?
Call Medicare Mental Health and we'll guide you
to the right services and supports for your needs.
Phone 1800 595 212.



**Save to your
phone**

Medicare Mental Health
is not a crisis service. If you
need urgent help, call 000.

