# **COMMUNITY PARTICIPATION**

1 July – 31 December 2024



An Australian Government Initiative

This 6 monthly report provides an overview of how NWMPHN is tracking with activities in our Community Participation Plan 2024 – 2026. Published: February 2025

### **Community Participation Activities**



152

Activities

**Participants** 

#### Reasons for engagement

- To understand the health needs of Aboriginal and Torres Strait Islander communities in our region.
- To understand barriers to accessing health care and the effects of social exclusion on the health and wellbeing of South Sudanese youth living in our region.
- To get input into the development of a promotional <u>video</u> about People Bank.
- To understand how we might improve our <u>Access and</u> Equity Framework.
- To seek guidance and governance for our family violence and eating disorder projects.
- To identify opportunities to <u>improve People Bank</u> processes.
- To provide governance and advice to our board and executives on how we might progress certain activities.







#### **Achievements**

- Partnered with Melton City Council to engage with South Sudanese youth as part of our Health Needs Assessment
- Partnered with the Victorian Aboriginal Health Services (VAHS) to engage with Aboriginal and Torres Strait Islander communities for the Health Needs Assessment.
- Embedded community participation into our refreshed commissioning process (an internal process we go through to determine what services/activities to fund).
- Formed an internal facilitation group for staff to build their confidence with facilitating meetings and events with community. We have had 2 sessions within this period.
- Developed new tools/resources to support staff with partnering with community participants.
- Commenced a refreshed community participation induction program for new staff.
- The Community Council met in September and November 2024.



### Levels of participation





## My Health My Voice newsletter subscribers

2 editions sent <u>Augus</u>t and <u>November</u>



People Bank members



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**Spotlight** 





In August 2024 we partnered with Melton City Council to engage with South Sudanese youth as part of our Health Needs Assessment. Twenty-six young people aged 11-18 years attended a group discussion to tell us the barriers they experience to accessing health care and the effects of social exclusion on their health and wellbeing. This will be published in the coming months.

### Planned Community Participation Activities









In the next 6 months: January – June 2025

- Providing training to staff, People Bank members and community participants who are part of governance groups to build their skills and confidence working together.
- Building relationships with local government to enhance connection with communities in our region.
- Conducting a social media campaign to increase subscriptions to the My Health, My Voice newsletter and registrations to People Bank.
- Trialling our refreshed commissioning process with one of the teams.

### Community Participation Plan – A snapshot



Our Vision: Healthy people and a healthy community

#### Our Goals

- Building meaningful relationships and trust with our communities.
- Ensuring our programs and services, shaped by our communities, are safe, accessible and sustainable.

Visit our website to read more about the Community Participation Plan

### **Our Principles**

