



Have you recovered from an eating disorder, or cared for someone who has?

Activity Background

In partnership with the National Eating Disorders Collaboration, North Western Melbourne Primary Health Network (NWMPHN) is running a pilot project called **Right Care, Right Place: Eating Disorders Care in my Community**. The project aims to improve the way people receive help for an eating disorder in our region.

About this role

We are looking for several people with lived experience to join the Sector Advisory Group in 2025. The group helps make decisions about how the project is rolled out and what information is collected about peoples' experiences. In 2025, meetings will be held in February, April, June, August, October and December. Each meeting runs for 75 minutes and will be online via Teams or at NWMPHN's offices in Docklands. Between meetings, you may be asked to spend up to 1-2 hours per month (maximum) reading information or providing feedback via email.

Requirements

The community participants who join the group in 2025 will:

- Live or work in the North Western Melbourne region (see the map [here](#)).
- Be at least 18 years old.
- Have lived experience of an eating disorder, and of accessing services in the primary care sector (e.g. GPs, psychologists, dietitians or similar services in your local community); OR
- Have a lived experience as a carer of someone with an eating disorder who accessed services in the primary care sector.
- Feel comfortable talking about your experiences accessing the primary health care system.
- Use insights from your own experiences to help ensure the Right Care Right Place project is successful.
- Understand the range of experiences people may have and help represent a collective view.
- Be available to commit to the activities of the Sector Advisory Group outlined above.

We encourage expressions of interest from people of all ages (18+), Aboriginal and Torres Strait Islander people, people with disability, people from multicultural backgrounds and from lesbian, gay, bisexual, trans, gender diverse, intersex and queer people.

If you had previously expressed interest but were unable to take part in 2024 and would like to be considered for 2025, please get in touch again.

Reimbursement

\$75 per hour for attending meetings. Additional payment for reviewing documents between meetings.



Support

Community participants who join this group will have a NWMPHN staff member to support them in their role. If you have any specific requirements for support, please let us know. These could include:

- Assistance with MS Teams
- Access to an interpreter
- Special dietary requirements for in-person meetings
- Religious requirements (e.g. special holidays)
- Cultural considerations
- Literacy issues or concerns

What's next?

To register your interest, please contact Cathy Wyett on cathy.wyett@nwmpnh.org.au or (03) 9347 1188 and provide the following details:

Name:

Contact number:

Do you identify with any of the following? Please select all that apply:

- Personal experience of an eating disorder
- Supporting / Caring for someone with an eating disorder
- Aboriginal or Torres Strait Islander
- Multicultural / Culturally Diverse
- LGBTIQ+ / Queer
- Rural / Regional
- Disabled / Living with a disability
- Homelessness
- Alcohol and Other Drugs
- Suicide / Self-Harm
- Physical Health Challenges
- Other (please outline):

Expressions of interest close Friday 13th December 2024.

When we receive your expression of interest, a staff member from NWMPHN will contact you. This may include asking you some more questions about your personal experience of an eating disorder to help ensure we have a diverse range of perspectives represented within the group.

We acknowledge the peoples of the Kulin nation as the Traditional Custodians of the land on which our work in the community takes place. We pay our respects to their Elders past and present.

North Western Melbourne Primary Health Network

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