

ATTACHMENT 2: DETAILS OF ONLINE LEARNING MODULES

Modules for clinicians (GPs)

Title: A GP framework for child mental health assessment (5–12 years)

Module 1: Child mental health in the context of general practice

Module 2: A guide for identifying, assessing and supporting child mental health difficulties

Module 3: Practice skills for child mental health assessment

Module 4: Managing a child with mental health difficulties

Mode: Online, self-paced, approximately 6 hours

CPD: 6 RACGP CPD hours available (2023–25 triennium)

Learning outcomes for all 4 modules:

- Identifying the key strengths and vulnerabilities which influence child health.
- Developing practice skills which support effective engagement, assessment, and management of a child with mental health difficulties.
- Identifying and assessing common mental health difficulties in children aged 5–12.
- Developing a comprehensive management plan related to common child mental health difficulties.

Modules for clinicians (nurses and non-GP clinicians)

Module 1 Title: Building blocks for children's social and emotional wellbeing

Mode: Online, self-paced, approximately one hour

Learning outcomes:

- Understand the building blocks of social and emotional wellbeing for different ages and stages in a child's life.
- Connect this information to common parental concerns, or children's presenting issues.
- Understand the importance of early guidance for parents where there is a concern or issue around their child's social and emotional wellbeing.

Module 2 Title: Supporting parents to promote children's social and emotional wellbeing

Mode: Online, self-paced, approximately 4 hours

Learning outcomes:

- Explore entry points and opportunities to conduct respectful and collaborative conversations with parents, with the aim of supporting them to promote positive social and emotional wellbeing for their children.

- Understand and utilise principles for parent engagement when conducting these conversations.
- Reflect on ways to provide support and guidance that is relevant and appropriate to parent, family and child circumstances.
- Learn strategies to help you provide quality resources and information to parents.

Modules for non-clinical staff

Non-clinical staff can include practice managers, receptionists, and other administrative staff.

Title: Engaging with parents – an introduction

Mode: Online, self-paced, approximately one hour

Learning outcomes:

- Reflect on your current practice of engaging with parents about their children's social and emotional wellbeing.
- Identify your practice ethics and areas of strength, as well as areas you see room for professional development.
- Enhance and strengthen your practice to focus on how you might support parents in their role of strengthening the social and emotional wellbeing of their child.