

Quality improvement spotlight – cardiovascular disease risk

North Western Melbourne Primary Health Network's quality improvement (QI) spotlights are RACGP CPD-accredited, peer-based programs for GPs and practice teams.

Each runs over a set period, focuses on a particular area of improvement, and allows general practices to collaborate with colleagues to support improvement and new ideas.

The next spotlight runs between August and October 2024 and focuses on improving responses to assessing and treating cardiovascular disease risk.

Benefits

Participating in the cardiovascular disease risk quality improvement spotlight brings several benefits. These include:

- Reviewing and refining your general practice's approach to cardiovascular disease assessment.
- Building your local network of referral pathways to address CVD risk in your patients.
- Increasing patient access to lifestyle modification programs.
- Collaborating with colleagues to share ideas, address challenges and identify opportunities for change in your practice.
- Identifying health assessment MBS items to support CVD risk assessment and risk reduction.
- Earning seven hours towards your CPD requirements for the 2024 calendar year.
- Accumulating evidence for RACGP Practice Accreditation QI Module requirements.

Participants can opt to take part as an individual or as a practice team.

RACGP CPD Approved Activity		
Educational Activities	Reviewing Performance	Measuring Outcomes
1	2.5	3.5
hours	hours	hours

What's required?

The first phase of this activity involves attending an online education session held on Thursday, 8 August 2024, between 6:30pm and 8pm.

The session is titled *Mastering CVD risk assessment: essentials for general practice*.

- [Click here](#) to watch a recording of the session.

There will then be two peer-based online workshops:

- Workshop 1: 6:30pm – 7:30pm, 11 September 2024
- Workshop 2: 6:30pm – 7:30pm, 30 October 2024

Participants will be required to complete set QI activities, working with an allocated NWMPHN relationship manager.

Completed QI workbooks will then be submitted.

An evaluation of your experience of the Spotlight activity will be conducted at the conclusion.

RACGP CPD hours

Completing the full QI spotlight activity provides GPs with seven CPD hours (comprising 1 hour Educational Activities, 2.5 hours Reviewing Performance, 3.5 hours Measuring Outcomes). For NWMPHN to submit RACGP hours on your behalf, all the above requirements need to be met.

If the requirements aren't fulfilled, you have the option to self-report the hours you have completed as part of the program.

Interested?

To register, please [complete this form](#) or scan QR code below by Thursday, 5 September 2024.



If you need further information or have questions, please contact the primary care team on (03) 9347 1188, or at primarycare@nwmpnhn.org.au