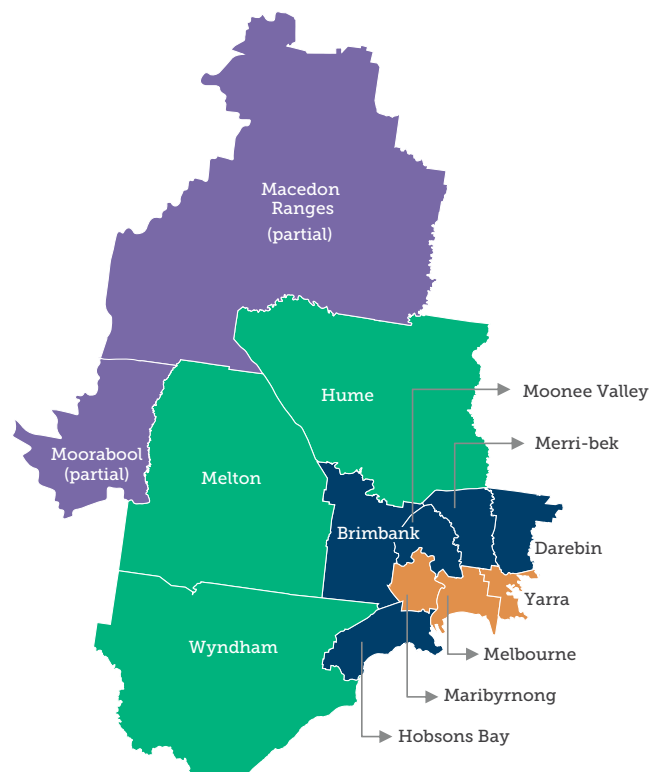


Our Region

You can access our services if you live within our region which covers 13 local Government areas: Melbourne, Yarra, Merri-bek, Moonee Valley, Maribyrnong, Hobsons Bay, Wyndham, Brimbank, Melton, Hume, Darebin, Moorabool (part) and Macedon Ranges (part).



The artwork in this brochure was painted by artist Lynette Briggs of the Wiradjuri – Yorta Yorta people. The painting is titled 'Walking Together'.



We acknowledge the peoples of the Kulin nation as the Traditional Custodians of the land on which our work in the community takes place. We pay our respects to their Elders past and present.



North Western Melbourne Primary Health Network
Level 6, 737 Bourke Street, Docklands, VIC 3008
T (03) 9347 1188 | F (03) 9347 7433
nwmphn.org.au

Aboriginal Health Support

Care Coordinators and Aboriginal Outreach Workers helping to Close the Gap



phn
NORTH WESTERN
MELBOURNE
An Australian Government Initiative

Care Coordinators Supporting you to access better health care

Care Coordinators are health professionals who provide assistance and support to Aboriginal and Torres Strait Islander people who have chronic disease.

How can Care Coordinators help you?

Care Coordinators can:

- help you understand your condition
- and your care plan
- work alongside you and ensure that
- you are receiving the care you need
- help you access specialists and other health professionals
- guide you in understanding your
- treatment and medications
- help you manage your appointments as well as with transport to appointments.

...and help to improve your overall health and wellbeing.

Aboriginal Outreach Workers Navigating the health system

Outreach workers support Aboriginal and Torres Strait Islander people to access health services.

How can Outreach Workers support you?

Outreach workers can:

- go with you to appointments with GPs, specialists, and hospitals link you with local experts to help keep you healthy, happy and connected
- provide and support you with information about appropriate healthcare and resources
- ensure that you are registered and have an understanding of the Closing the Gap and other government health programmes.
- work with Care Coordinators when required.

...and help you understand the health system and your entitlements.

Like to know more?

Are you of Aboriginal or Torres Strait Islander descent?

Would you like assistance with managing your health conditions?

If you would like to access these services contact North Western Melbourne PHN (NWMPHN) and ask to speak to the Aboriginal Health Coordinator on (03) 9347 1188

For more information, visit our website.
nwmphn.org.au/aboriginal-health