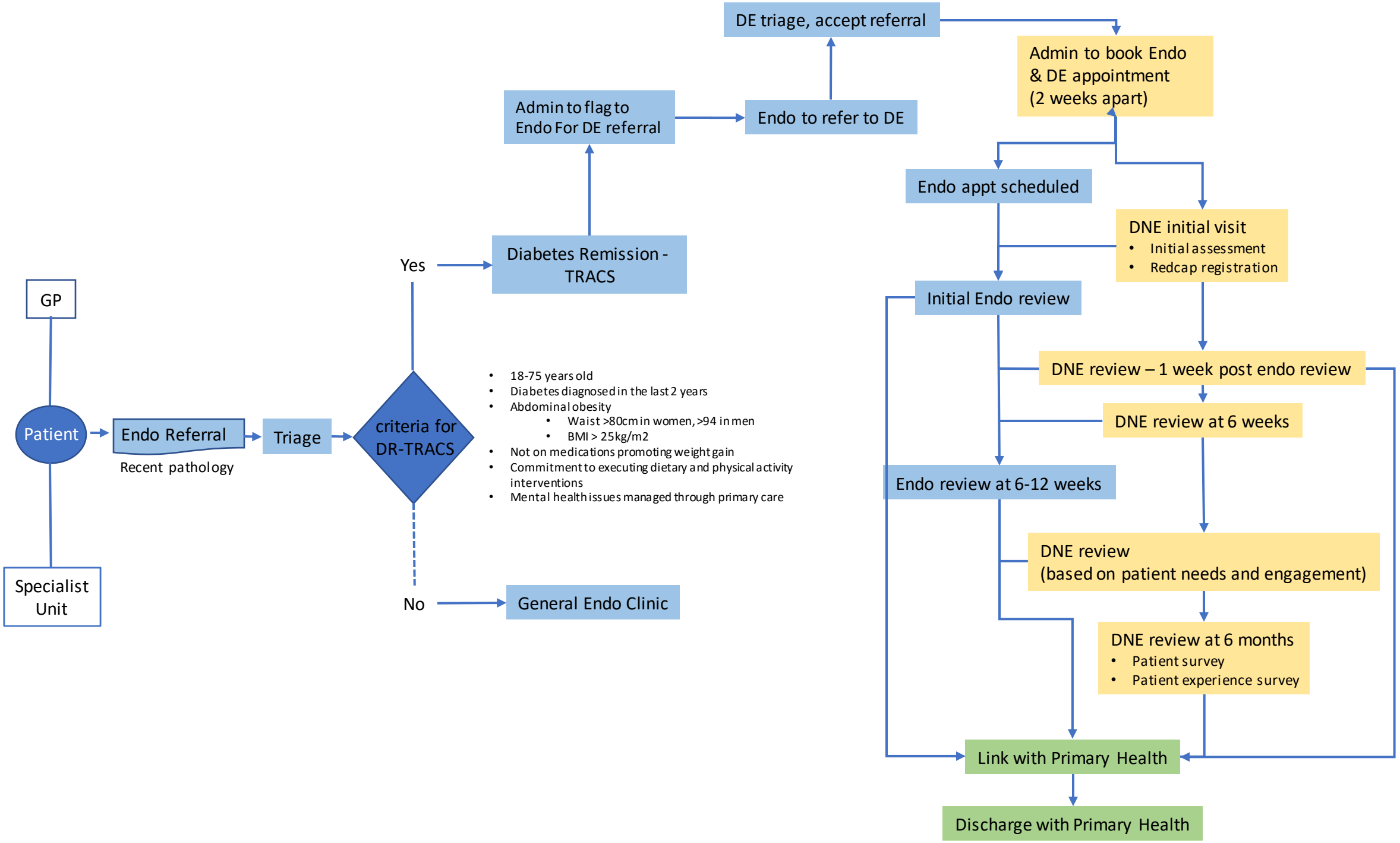
GP
Patient
Specialist Unit
Endo Referral
Recent pathology
Triage
criteria for DR-TRACS
Yes
No
18-75 years old
Diabetes diagnosed in the last 2 years
Abdominal obesity
Waist >80cm in women, >94 in men
BMI > 25kg/m2
Not on medications promoting weight gain
Commitment to executing dietary and physical activity interventions
Mental health issues managed through primary care
Diabetes Remission - TRACS
Admin to flag to Endo For DE referral
Endo to refer to DE
DE triage, accept referral
General Endo Clinic
Admin to book Endo & DE appointment (2 weeks apart)
Endo appt scheduled
DNE initial visit
Initial assessment
Redcap registration
Initial Endo review
DNE review – 1 week post endo review
DNE review at 6 weeks
Endo review at 6-12 weeks
DNE review (based on patient needs and engagement)
DNE review at 6 months
Patient survey
Patient experience survey
Link with Primary Health
Discharge with Primary Health