

Resource List - Child Mental Health Community of Practice - Topic: Aggressive and Challenging Behaviours

HealthPathways Melbourne

A clinical management and referral resource designed for use during consultations. It gives clinicians a single website to access clinical referral pathways and resources. For information about or to request access visit: <https://nwmphn.org.au/for-primary-care/clinical-support/healthpathways/>

Relevant HealthPathways:

- [Behavioural Problems in Preschoolers](#)
 - [ADHD in Children and Youth](#)
 - [Developmental Concerns in Early Childhood](#)
 - [Developmental Concerns in Schoolchildren](#)
 - [Child Mental Health and Wellbeing Aged 2 to 12 years](#)
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- Social Information Processing (SIP) model: a model for identifying where skills may be in deficit in the social setting. Can be used to support conversations with children on how they process information and develop strategies to respond.
 - **Conduct Disorder** – Video: Mark Dadds Callous unemotional https://www.youtube.com/watch?v=O9sM_XEldf4
 - **NICE**: <file:///C:/Users/prakasc/Downloads/violence-and-aggression-managing-violence-and-aggression-in-children-and-young-people.pdf>
 - **BETA** - guideline for management in an ED setting: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6404720/>
 - **Guideline for the specific management of impulsive aggression**: <https://www.liebertpub.com/doi/full/10.1089/cap.2019.0039>
 - Guideline for the management of **Conduct Disorder**: <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6345126/>
 - Techniques for handling & reducing bullying: www.antibullying.net, www.bullying.co.uk & <http://www.bullybeware.com/moreinfo.html>
 - **Aggressive behaviour**: <http://www.air.org/cecp/guide/websites.htm> , www.kidsource.com/kidsource/content2/aggression_and_coop.html , www.aboutourkids.org/aboutour/articles/aggression.html & www.earlychildhoodbehavioralhealth.com/Articles/Aggression.htm
 - **Articles on violence and it is prevention in our schools**, log onto: www.ericfacility.net and type "aggression" into the search box.
 - United States Department of Education. (1998). **Early warning, timely response: A guide to safe schools**. Available at <https://www2.ed.gov/about/offices/list/osep/gtss.html> or e-mail: David_Summers@ed.gov
 - United States Department of Education. (2000). **Safeguarding our children: An action guide**. Available at <http://www.ed.gov/>
 - Comedian Mike Pritchard presents funny, but informative and effective presentations to students about acceptance of others, opposing ridicule and violence, etc <http://www.livewiremedia.com/poc.html>
 - **Triple P**: <https://www.triplep-parenting.net.au/vic-uken/triple-p/>
 - **New Forrest Parenting Programme**: <https://guidebook.eif.org.uk/programmes/the-new-forest-parenting-programme>

REFERRAL SERVICES

- **Head to Health**: Available to all Victorians of all ages. Uses the Initial Assessment and Referral Decision Support Tool (IAR-DST) –series of clinical and social questions that help trained intake team understand a person's needs and what type of support or services help will. The person (or GP or other clinician) calls the Head to Health central intake number, 1800 595 212.
- **Care in Mind**: Free mental health services for all ages. GPs, psychiatrists or paediatricians can make a referral. School principals, school counsellors, maternal child health nurses and early childhood staff can also refer under a 'provisional referral'. A provisional referral means a young client can get two

sessions until a GP issues a full referral. Referral process can be found at: <https://nwmphn.org.au/for-primary-care/clinical-support/careinmind-mental-health-services/>

CONSULTATION SERVICES

Child and adolescent mental health psychiatry liaison service: This service will provide secondary consultations to GPs in the North Western Melbourne Primary Health Network region, on the management of mental health problems in children and adolescents.

Secondary consult service: The service will be provided by child consultation-liaison psychiatrist, Dr Prakash Chidambaram. The service is accessed by calling RCH Mental Health Intake on 1800 44 55 11. Dr Prakash is available on Fridays (9am to 5pm). GPs may request a secondary consultation for a patient aged 5–17 years of age with either established or suspected mental health disorders or neurodevelopmental disorders including ASD, ADHD and ID. The secondary consultant service will provide advice regarding a range of topics including diagnostic, assessment, risks, and management and referral options. How to access this service? By emailing mhs.intake@rch.org.au or calling 1800 44 55 11 during business hours (9am to 5pm, Monday to Friday) to speak with an intake clinician and leave a message. The call or message will be returned by a psychiatrist.

TRAINING

- **MINDFUL:** Victorian centre for child and adolescent mental health training: runs short courses, workshops, certificate courses and advanced training for psychiatrists and paediatricians: <https://mindful.org.au/>
- **EMERGING MINDS:** The organisation now leads the National Workforce Centre for Child Mental Health, delivered in partnership with the Australian Institute of Family Studies (AIFS), the Australian National University (ANU), the Parenting Research Centre (PRC) and the Royal Australian College of General Practitioners (RACGP). Provides online training, has lots of online resources, tool kits etc: <https://emergingminds.com.au>