


Demystifying Dementia


Session 1: Recognising dementia in General Practice

19 July 23

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HPM Clinical Editor*

What is HealthPathways?





Melbourne

Older Adult's Health

Carer Stress and Wellbeing

Delirium

Cognitive Impairment and Dementia

5 Minute Neurological Exam for Patients with Possible Dementia

Behavioural and Psychological Symptoms of Dementia (BPSD)

Medications for Dementia

Depression in Older Adults

Antidepressants for Older Adults

Elder Abuse and Neglect

Falls Prevention, Assessment, and Management

Balance and Strength Tests

Frailty in Older Adults

Health Assessment for Older Adults (≥ 75 Years)

Medication Management and Polypharmacy in Older Adults


Older Adult's Weight and Nutrition


Older Adults with Behavioural Disorders


RACF Related Care

Unexpected Deterioration in an Older Adult

Older Adult's Referrals


 older adults





Melbourne


HEALTHPATHWAYS

 **Health Alert**

Victoria DHHS – Coronavirus COVID-19 Daily Update [View](#)

Latest News

12 July

 **health.vic**

[Health alerts and advisories](#)

10 July

Ayurvedic medicines possibly containing Scheduled Poisons and heavy metals

The Department of Health advises that some Ayurvedic medicines for sale in Victoria contain dangerous ingredients, including lead. Screen anyone taking unapproved medicines with potential symptoms of lead poisoning for lead toxicity. [Read more...](#)

23 June

Current disruption to medication supply

Pathway Updates

Updated – 13 July

[Pain Medications in Palliative Care](#)

Updated – 13 July

[Medications in COVID-19](#)

Updated – 12 July

[Navigating Services for Older Adults](#)

Updated – 12 July


[Mycoplasma Genitalium](#)


Updated – 7 July


[Candidiasis \(Genital\)](#)


[VIEW MORE UPDATES...](#)


About HealthPathways


 ABOUT HEALTHPATHWAYS


 BETTER HEALTH CHANNEL


 RACGP RED BOOK


 USEFUL WEBSITES & RESOURCES

 MBS ONLINE

 NPS MEDICINEWISE

 PBS

 NHSD

 SEND FEEDBACK

Click 'Send Feedback' to add comments and questions about this pathway.

Accessing HealthPathways:

Go to melbourne.healthpathways.org.au



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New to HealthPathways?

If you are a health professional and would like to have access to this HealthPathways website, please request access from the local HealthPathways team.

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EASTERN MELBOURNE
An Australian Government Initiative

phn
NORTH WESTERN
MELBOURNE
An Australian Government Initiative



Register via QR code



info@healthpathwaysmelbourne.org.au

Case 1: Anna

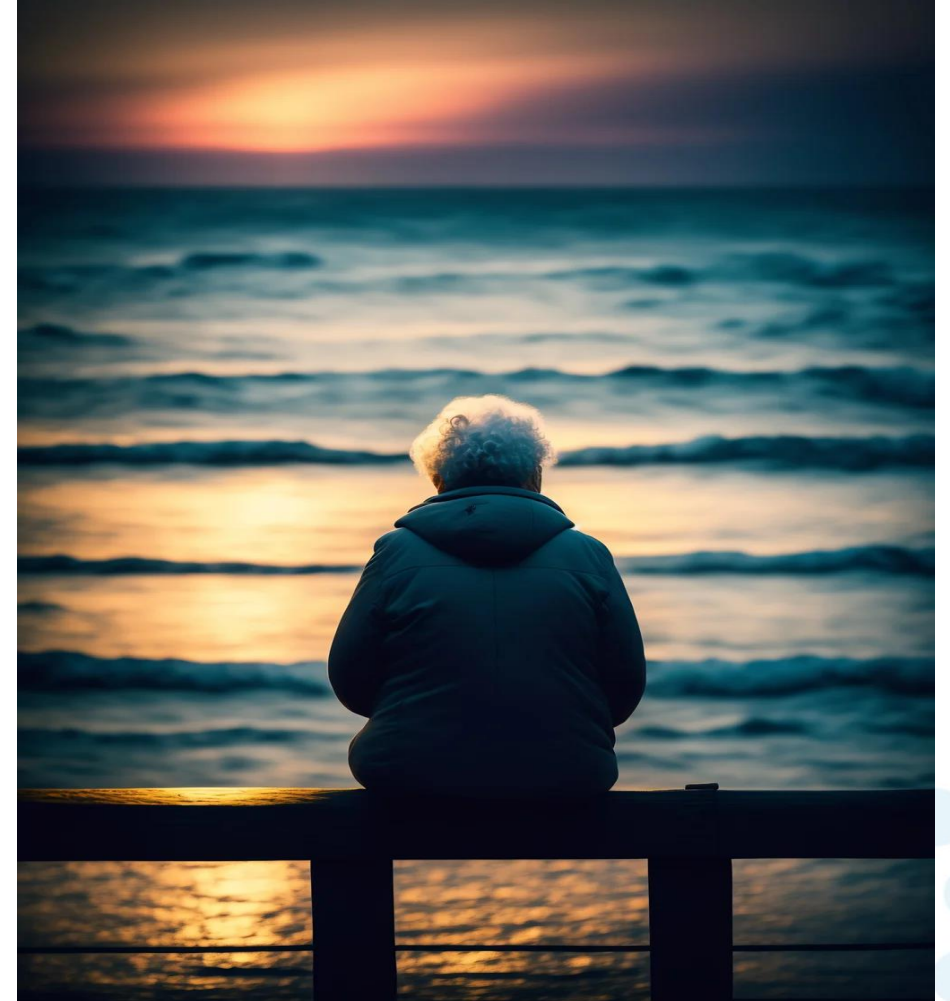
Anna is 75

- She lives alone
- Attends with daughter, Sophie, for her flu vax
- PMH-Hypertension, OA knee
- Meds-Perindopril, Panadol osteo

What do you do and where do you start ?

- Annas concerns
- Sophies concerns
- GPs concerns

How can HealthPathways help ?



Older Adult's HealthPathways

Older Adult's Health

In This Section

[Carer Stress and Wellbeing](#)

[Delirium](#)

[Cognitive Impairment and Dementia](#)

[Depression in Older Adults](#)

[Elder Abuse and Neglect](#)

[Falls Prevention, Assessment, and Management](#)

[Frailty in Older Adults](#)

[Health Assessment for Older Adults \(≥ 75 Years\)](#)

[Medication Management and Polypharmacy in Older Adults](#)

[Older Adult's Weight and Nutrition](#)

[Older Adults with Behavioural Disorders](#)

[RACF Related Care](#)

[Unexpected Deterioration in an Older Adult](#)

[Older Adult's Referrals](#)

See Also

[Advance Care Planning \(ACP\)](#)

Revised Dementia specific HealthPathways

There are 4 up-to-date clinical pathways available to assist GPs:

- [Cognitive impairment and dementia](#)

This is the main clinical pathway outlining assessment, management and referral for people experiencing memory loss or who have been diagnosed with dementia.

- [Behavioural and psychological symptoms of dementia \(BPSD\)](#)

This pathway outlines assessment, management and referral related to non-cognitive symptoms of dementia such as aggression, agitation, depression, wandering and disinhibited behaviors.

- [Five-minute neurological exam for patients with possible dementia](#)

This is a focused neurological examination suitable for a general practice setting.

- [Medications for dementia](#)

These outline the use of cholinesterase inhibitors in the management of certain types of dementia.

[Referral pages](#) on HealthPathways have also been reviewed, including referral to local cognitive, dementia and memory services (CDAMS) for diagnosis, as well as services to assist with behavior management.

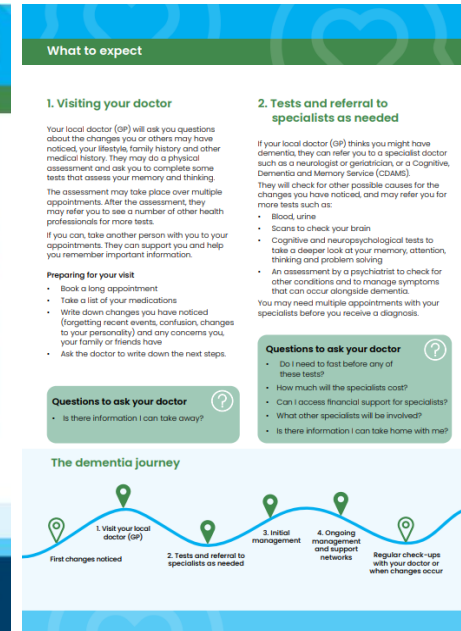
Resources updated include national helplines, carer support services, respite providers and local support groups



The Dementia Consumer Resource

The Dementia Consumer Resource provides information on "**what to expect**" in one's dementia journey:

- Visiting your doctor
- Questions to ask your doctor
- Initial management options
- Tests and referral to specialists
- Ongoing management and support networks
- Support services available such as Dementia Australia, Carer Gateway, My Aged Care, and the NDIS.



The resource is available in 2 or 4 page versions depending on the needs of the individual in English, Italian, Greek, Vietnamese or Simplified Chinese [Download here](#)

The [Dementia directory](#) is a directory of local services and support for people living in the Northern, Western and Eastern suburbs of Melbourne with dementia, a



If you are interested in placing a print order for these resources, please email info@healthpathwaysmelbourne.org.au

Older Adult's Pathways

Clinical Pathways

- [Carer Stress and Wellbeing](#)
- [Depression in Older Adults](#)
- [Elder Abuse and Neglect](#)
- [Falls Prevention, Assessment, and Management](#)
- [Frailty in Older Adults](#)
- [Medications for Depression in Older Adults](#)
- [Medication Management and Polypharmacy in Older Adults](#)
- [Older Adult's Weight and Nutrition](#)
- [Older Adults with Behavioural Disorders](#)
- [RACF Related Care](#)
 - [Before Entering a RACF](#)
 - [First 12 months after Admission to a RACF](#)
 - [Transfer of Care- RACF to Acute Services](#)
- [Unexpected Deterioration in an Older Adult](#)

Referral Pathways

- [Older Adult's Referrals](#)
 - [Navigating Services for Older Adults](#)
 - [Aged Care Assessment Service \(ACAS\)](#)
 - [Advice and Emergency Services for Older Adults](#)
 - [Falls and Balance Services](#)
 - [Non-acute Geriatric Referral \(> 24 hours\)](#)
 - [Home and Community Support for Older Adults](#)
 - [Older Adult's Mental Health Referrals](#)
- [Resource Pathways](#)
 - [Dementia Support and Resources](#)
 - [Comprehensive Medical Assessment \(CMA\) for RACFs](#)
 - [Health Assessment for Older Adults \(≥ 75 Years\)](#)

Older Adult's Related Pathways

- [Accessible Parking Permits](#)
- [Advance Care Planning \(ACP\)](#)
- [Allied Health and Community Nursing](#)
- [Avoiding Hospital Admission - After Hours Services, Residential In-Reach, HITH](#)
- [Certification of Death](#)
- [Community Transport](#)
- [Fitness to Drive and Occupational Therapy Driver Assessment](#)
- [MBS Items – Guide to MBS Items, Chronic Disease Management and Medication Reviews](#)
- [Medicines Information and Resources including:](#)
 - [Deprescribing and Dose Administration Aids](#)
 - [Medication Management Reviews](#)
 - [SafeScript](#)
- [Mental Health and Adult Mental Health Service Referrals including:](#)
 - [Adult Psychological Therapy and Counselling Referral](#)
- [Multi-Purpose Taxi Program \(MPTP\)](#)
- [Palliative Care – suite of pathways](#)
- [Voluntary Assisted Dying \(VAD\)](#)



Contact and What's next?

Don't forget to Register for Session 2 Wednesday 2nd August 2023 Time: 7:00pm - 8:30pm

Demystifying Dementia: Post-diagnostic care of dementia in general practice

Before the next session

Access and use HealthPathways Melbourne

- Please review Dementia related Pathways
- Send feedback

For further information or to request access: info@healthpathwaysmelbourne.org.au



Dementia Pathways Feedback Survey

You're invited: in mid-August, HealthPathways will send out a link to a survey requesting feedback 10 of our recently updated pathways. We will be offering a chance to win a \$100 voucher. However, the 'send feedback' button is always available to use and every pathway.

Dementia Post Survey Five questions over 10 pathways

Pathways:

- [Cognitive Impairment and Dementia](#)
- [5 Minute Neurological Exam for Patients with Possible Dementia](#)
- [Behavioural and Psychological Symptoms of Dementia \(BPSD\)](#)
- [Medications for Dementia](#)
- [Health Assessment for Older Adults \(≥ 75 Years\)](#)
- [Advice and Emergency Services for Older Adults](#)
- [Aged Care Assessment Service \(ACAS\)](#)
- [Dementia Resources and Support](#)
- [Non-acute Geriatric Referral \(> 24 hours\)](#)
- [Occupational Therapy Driver Assessment](#)





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Thank
you.

