

GP practice referral template.

Alcohol and other drug support and treatment

Clinical support

Drug and Alcohol Clinical Advisory Service (DACAS)	Specialist phone consultancy service free of charge for health and welfare professionals	1800 812 804 https://www.dacas.org.au/
Alcohol & Other Drugs – GP Education resources	Resources to support GP’s who have patients who use alcohol and other drugs	https://www.racgp.org.au/alcohol-and-other-drugs
Alcohol and Drug Foundation	Comprehensive online resources including drug facts, talking about drugs, family and friend resources, in-depth dives on topical AOD issues	https://adf.org.au/
Hi Ground	Harm reduction information	https://hi-ground.org/substances/
Stigma Guide	Resource designed to support healthcare and other professionals working with people who use AOD to reduce stigma and improve health outcomes.	The Power of Words

Treatment and support for adults

Directline	24/7 phone and online counselling service Provides information, support and referrals for family, friends or people with dependence. Referral to closest intake provider	1800 888 236 https://www.directline.org.au/
Local catchment intake and assessment	Provides comprehensive assessment and treatment or referral to appropriate provider i.e. community counselling and case management, home-based withdrawal, residential detoxification and rehabilitation services	https://www.health.vic.gov.au/aod-treatment-services/catchment-based-intake-services
Reconnexion (Benzo support)	Treatment, support and information about benzodiazepine dependency and withdrawal	1300 273 266 https://www.reconnexion.org.au/
Pharmacotherapy Advice Line (PAMS)	Provides information, support, advocacy, referral and mediation for people who use pharmacotherapy (i.e. methadone, buprenorphine/suboxone, naltrexone).	1800 443 844 https://www.hrvic.org.au/pams

Treatment and support for young people

YoDAA (Youth Drugs and Alcohol Advice)	Online resources and phonenumber support for young people and concerned parents/carers Referrals to local youth-focused support services	1800 458 685 https://yodaa.org.au/
headspace	Specialises in engaging young people with concerns relating to mental health, physical health and alcohol and other drugs.	1800 650 890 https://headspace.org.au/

Support for family and friends

Family Drug Help	24hr phonenumber that provides practical help, information and support to families and friends affected by someone's alcohol or other drug use	1300 660 068 https://www.sharc.org.au/sharc-programs/family-drug-gambling-help/
Path2Help	Online tool designed to help find support and information tailored to the specific needs of loved ones of someone who uses alcohol and other drugs	https://adf.org.au/path2help/
DrugInfo	Confidential alcohol and other drug phone and email information and support line	1300 85 85 84 https://adf.org.au/resources/druginfo/

Peer Support Groups

Alcoholics Anonymous	Group of people who gather together to share their experiences and help one another recover from alcohol use.	1300 222 222 https://aa.org.au/
Smart Recovery	Group program offering a supportive environment for people to achieve behaviour change goals of their choice around alcohol & other drug use, or any behaviours of concern.	02 9373 5100 https://smartrecoveryaustralia.com.au/about/about-smart-recovery/

LGBTIQ+

Thorne Harbour Health	AOD treatment and support for sex, sexuality and gender diverse communities. Can also provide support around sexual health.	(03) 9865 6700 https://thorneharbour.org/
Queerspace	Service by and for LGBTIQ+ people. It provides counselling services, family education, group support programs, advocacy and case management.	(03) 9663 6733 https://www.queerspace.org.au/

Aboriginal and Torres Strait Islander People

VACCHO	Peak representative for the health and wellbeing of Aboriginal and Torres Strait Islander people in Victoria	03 9411 9411 https://www.vaccho.org.au/
Aboriginal Alcohol and Other Drug Support Services	For Aboriginal specific service contacts in your area, call Directline.	1800 888 236 https://www.directline.org.au/

Further resources

AOD resource listing (RACGP)	https://www.racgp.org.au/alcohol-and-other-drugs/aod-resource-listing
-------------------------------------	---