

Practice level Support session Increase proportion of screening for those patients with hepatitis b or hepatitis c risk factors (liver cancer screening)

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Acknowledgement

"I would like to acknowledge the traditional custodians of the land on which we are meeting from today and pay my respects to the Elders past present and those emerging"

Our Project Partners









An Australian Government Initiative





Learning Objectives

- 1. Describe the enablers for creating a culturally safe and inclusive environment to support an increase in hepatitis B and hepatitis c screening
- 2. Describe effective strategies to increase hepatitis B and hepatitis C screening
- 3. Define the roles and responsibilities of your general practice team to achieve a whole of practice approach to increase screening of patients with hepatitis B or hepatitis C risk factors (Liver cancer screening)
- 4. Identify where you can access evidence-based information, resources and further training to support your practice to increase screening of patients with hepatitis B or hepatitis C risk factors.

Most liver cancer is preventable

Primary prevention

- Vaccination to prevent hepatitis B (here and overseas)
- Harm and stigma reduction to prevent hepatitis C and B infection

Secondary prevention

- Diagnose and treat people with chronic hepatitis B. Antiviral therapy for some
- Diagnose and cure people with chronic hepatitis C before they get cirrhosis

Mortality from liver cancer can be reduced

• Liver cancer surveillance

Learning Objective 1

Describe the enablers for creating a culturally safe and inclusive environment to support an increase in hepatitis B and hepatitis c screening

How does creating a culturally safe and inclusive practice increase hepatitis B and hepatitis C screening uptake?

- For the 222,559 Australians living with chronic hepatitis B (CHB) 27% remain undiagnosed.
 77% are not in care
- We have treated & cured about 47% of people with hepatitis C (HCV)

Understanding the barriers and enablers to creating a culturally safe space can help you make improvements at your practice and encourage at risk patients to screen

Source: MacLachlan et al, Mapping Report, 2020

Cultural safety and inclusion

What is culture?



 How does our "culture" influence our interactions and communication?

Culture influences our health beliefs and behaviour

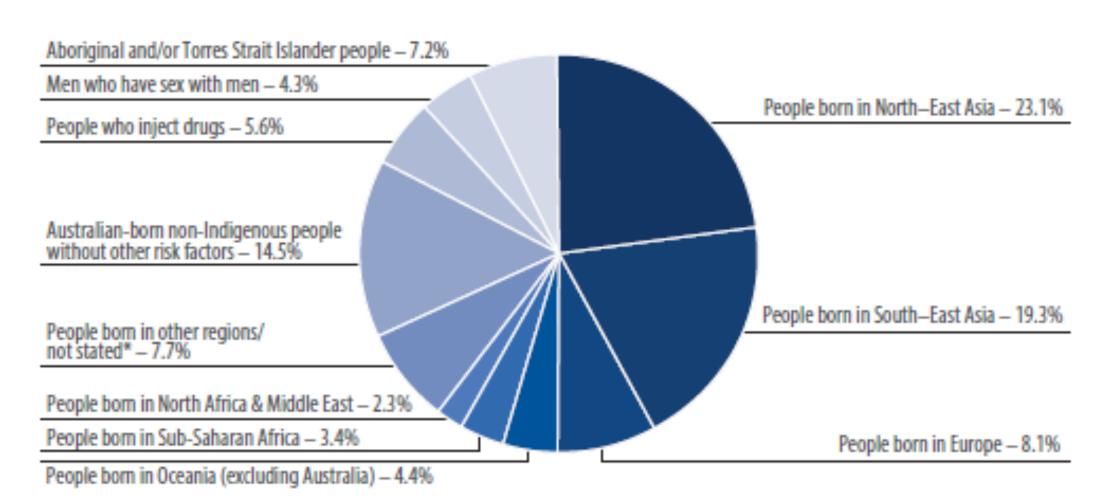
- How we share information, and...
- Receive information
- Interpret a diagnosis
- Respond to treatment
- Access support
- Both for the health care worker and the patient.

How can we minimise misunderstandings?



How does culture and inclusion relate to CHB?

Figure A.3: People living with CHB in Australia, by priority population, 2020



Story from Alan

- Alan's story Hepatitis B Foundation, USA
- https://www.hepb.org/research-and-programs/patient-story-telling-project/alans-story/



How does culture and inclusion relate to hepatitis C?

"The criminalisation of drug use, social discrimination and stigma, and lack of access to health services mean that people who inject drugs are at high risk of acquiring HIV and hepatitis C" - Kirby Institute, 2021

In 2018, more than two-thirds of respondents reported any negative treatment by health workers (71%)



People who inject or have a history of injecting make up 90% of new hepatitis C diagnoses.

Its your right Video by Eliminate Hepatitis C, 3 mins

https://www.youtube.com/watch?v=I43C5JU Xnm0& t=12s

Challenges for cultural safety and inclusion – the clients

- Navigating the complex health system
- Stigma and discrimination
- Language barrier
- Religious beliefs and cultural diversity
- Social-economic disadvantages (competing priority needs)
- Negative past experiences in health services
- Poor health literacy.

Challenges for cultural safety and inclusion – health services

- Time and inadequate financial support
- Unclear referral pathways
- Limited feedback from specialists
- Fear of Medicare auditing
- Lack knowledge of working with interpreters
- Lack knowledge of cultural practices and health beliefs
- Lack knowledge of health literacy principles.

Ref: ANZ J Public Health, October 2013 Volume 37, Issue 5, pages 405–410

Principles of inclusive healthcare practice

The primary health care workforce works to provide personcentred quality health care and create safe and respectful environments that protect the dignity, identity and well-being of every person using health services

Service delivery standards

The standards represents a single set of service quality standards for organisations delivering services to clients, summarised as:

- Empowerment: People's rights are promoted and upheld
- Access and Engagement: People's right to access transparent, equitable and integrated services is promoted and upheld
- Wellbeing: People's right to wellbeing and safety is promoted and upheld
- Participation: People's right to choice, decision making and to actively participate
 as a valued member of their chosen community is promoted and upheld.

Principles of inclusive healthcare

"...quality healthcare that creates a safe and respectful environment...."

Service delivery standards

Empowerment

Access and engagement

Wellbeing

Participation

Inclusive practice enablers

Safe and welcoming environments

- Ensure all staff trained to greet and respond in an inclusive manner
- Inclusive posters and flyers in waiting rooms, eg. Cultural symbols,
 NSP info, Harm Reduction Victoria posters

Language & communication

- Inclusive forms & information re. gender, titles, names, languages.
 Option to request interpreter.
- Ensure all staff understand importance of using plain language (not medical jargon)
- <u>Drop the jargon</u> and utilise <u>the teach-back toolkit</u>, Language <u>Matters and Power of Words.</u> Offer harm reduction information

Inclusive practice enablers

Maintain discretion and confidentiality

- Client records not accessed inappropriately or shared in public settings
- Be aware of "ALERT" stickers that can stigmatise people

Refer to inclusive health services/specialists

- e.g. Dentist, physio
- Consider need for "supported" referral.

<u>Trauma informed care</u>

 Recognises hi prevalence of trauma & avoids potential triggers to re-traumatise





Starting the conversation "WE HAVE A FOCUS ON LIVER HEALTH
AT THE MOMENT AND ARE OFFERING
EVERYONE TESTING FOR HEP C"

THE MOST COMMON WAYS
YOU CAN GET HEP C ARE:

transplant before 1990

"DO YOU THINK YOU MIGHT BE AT RISK
MIGHT BE AT RISK
AND WOULD YOU LIKE
A TEST TO FIND OUT?" pointment

"HAVE YOU BEEN TESTED BEFORE?"

tattoos /piercings

we look forward to seeing you again soon!

CHarm Reduction Victoria & EC Partnership 2019

treatment is not

ou can still get hep c after you have had treatment.

prevention & regular testing is still important.

hep c treatment things have changed.

if you have cleared your hep c, you still need to protect yourself.



-not sharing -use your own kit -hand washing -responsible disposal

a tablet

makes hep c

go away.

hep c treatment involves taking 1-3 tablets each day for 8-12 weeks.

hep c treatment things have changed.

Learning Objective 2

Describe effective strategies to increase hepatitis B and hepatitis C screening

1. Identifying patients to follow up

The following criteria can help you identify patients to engage in hepatitis B & C care:

- Patients at risk of hepatitis B/C who need to be tested
- Patients who have been tested (and possibly diagnosed) but are not yet on treatment or monitored 6/12 (HBV)
- Patients who require a SVR12 test to determine the outcome of HCV treatment
- Patients who require ongoing care after achieving SVR12, eg. cirrhosis.

Patient Management System Searches

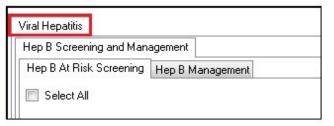
Patients to engage in hepatitis C care:

- Patients at risk of hepatitis C who need to be screened
- Patients who have been tested (and possibly diagnosed) but are not yet on treatment.

We recommend starting with Search #1, and if you have more than 100 patients identified this way, work with those results before moving on to Search #2 and Search #3.

Search #1	Patients who have visited the clinic in the last three months and are on OST with hepatitis C listed as a condition
Search #2	Patients who have visited the clinic in the last two years and have hepatitis C listed as a condition
Search #3	Patients who have visited the clinic in the last two years and are on OST
Patients to fol	low up for SVR12 test to determine the outcome of treatment
Search #4	Patients who are on/have been on treatment for hepatitis C and require an appointment to see if they have been cured. A cure is determined as a sustained virological response at 12 weeks (SVR12) after treatment.
Patients to fol	low up for ongoing care after being cured of hepatitis C
Search #5	Patients who have been treated and cured of hepatitis C and require ongoing monitoring for their cirrhosis, including HCC screening.

2a. Conduct an audit to identify clients with risk factors for hepatitis B



There are 2 main tabs within the module that displays the graphs:

1. Hep B At Risk Screening

- The Screening graph includes patients without a current Hep B diagnosis but with one or more risk factors making them eligible for screening. The graph displays the number of patients that have been screened, not screened, and vaccinated.
- Risk factors:
 - Ethnicity
 - Country of Origin
 - Indigenous
 - Pregnant
 - Liver Disease or Elevated ALT (M>30, F>19)
 - Intravenous Drug Use
 - · Male and Homosexual/Bisexual
 - Dialysis
 - HIV and or/or Hep C diagnosis
 - Gonorrhoea and/or Syphilis diagnosis

2b. Conduct an audit to identify who has been diagnosed with hep C – Pen CS recipe

Pages / CAT RECIPES / Identify Patients at Risk

Identify Patients with Hepatitis C

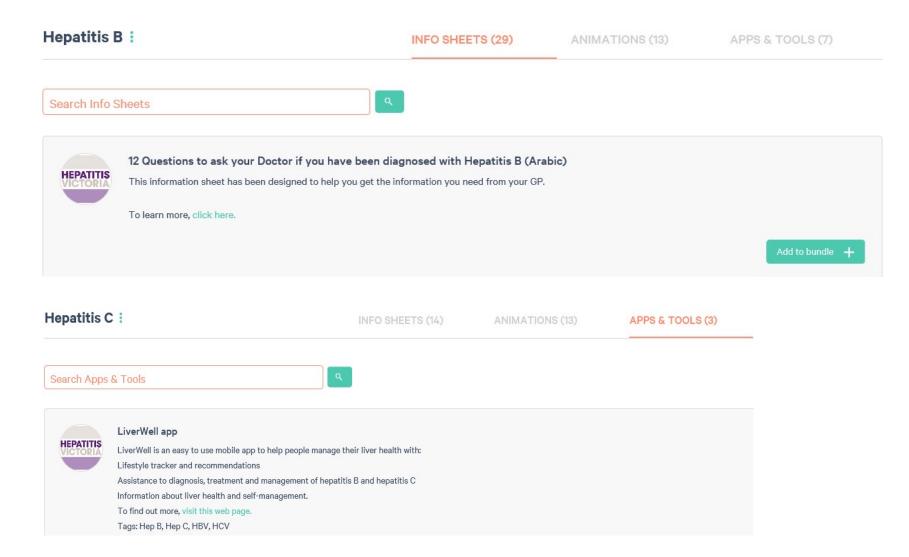
Click here to export this guide to PDF

Recipe Name	Identify Patients with Hepatitis C	
Rationale	As there is now a cure available for hepatitis C it is useful for practices to identify those patients diagnosed with hepatitis C to recall and treat them.	
Target	Patients with hepatitis C who have not been treated yet	
CAT Starting	CAT Open – CAT4 view (all reports) loaded Population extract loaded and extract pane "hidden"	
	3. Optional Only ★: Filter Pane Open and under the 'General' tab, "Active Patients (3x < 2 years)" selected *The decision to select either "Active" or "All" patient is left to the practice to make	

3. Recall and reminders such as SMS/ letters

- Research demonstrates that people look to GP or Practice Nurse as a trusted source of information.
 Your endorsement is a key motivator
- Send GP endorsed letters/SMS, recalls and reminders to eligible patients, then follow up with a phone call. Follow up may involve multiple contact attempts in varied methods.

Email or SMS using GoShare



4. Supporting opportunistic screening

- Conversations with at risk patients about hepatitis screening can maximise opportunistic screening and increase uptake
- Add a note to client file to identify those with risk factors. This will help to prompt you to discuss hepatitis screening at the next visit
- Provide clients with education/websites/links about hepatitis.

Learning Objective 3

Define the roles and responsibilities of your general practice team to achieve a whole of practice approach to increase screening of patients with hepatitis B or hepatitis C risk factors (Liver cancer screening)

Whole of practice approach

- Engaged multidisciplinary teams are the foundation to meeting your targets
- A 'whole of practice' approach includes the GPs, Practice Manager,
 Practice Nurses and non-medical staff
- It is important to have a nominated person to drive community engagement,
 cultural competency and relationship building
- Have a clear plan in place with regular meetings to track progress.

Wallace et al., Facilitating hepatitis B clinical management in general practice. A qualitative investigation AJGP VOL. 49, NO. 9, SEPTEMBER 2020

Whole of practice approach - questions to consider

- Do all members of your team know their roles and responsibilities?
- Do you display hepatitis screening and cure materials in your practice?
- Are all members of your team trained about how to 'ask the question' and are they recording the answer on all forms?
- Does your practice have visual cues to demonstrate it is a culturally safe space?



Whole of practice approach - roles and responsibilities of the Receptionist/Admin/ Practice Manager

Role	Practice Manager/Receptionist/ Admin Staff	
Create a culturally safe and inclusive practice	Restock resources Display brochures, flyers and posters Book interpreter Use welcoming and inclusive language Ask the question around Aboriginal and cultural safety, plain and inclusive language Display an Aboriginal flag or artwork in Develop partnerships with key priority cor contact details - Use welcoming and inclusive language - Ask the question regarding - Aboriginal and CALD - identification Use cultural safety, plain - and inclusive language	_l e
Audit to determine eligibility	Undertake screening audits via PENCS/Pol	
SMS, Letters (recall and reminder)	Send GP endorsed letters and/or SMS recall/reminder letters Establish, oversee and respond to recall/reminder systems Reminders- identifying risk factor status in patient's electronic record	
Quality improvement practice plan and the Eliminate Hepatitis C partnership Burnet Practice Support Toolkit	Have a clear plan with whole of team input Document policy and procedures for hepatitis screening Eliminate Hep C Burnet Partnership Practice Support toolkit Monitor progress against hepatitis screening in at risk patients goals	
Opportunistic screening	Promote screening within the practice	

Whole of practice approach - roles and responsibilities of the Practice Nurse

Role	Practice Nurses
Create a culturally safe and inclusive practice	Educate at risk patients about hepatitis screening and treatment Offer interpreter at appointment, if needed Follow up patients who don't attend GP appointments Use welcoming and inclusive language Ask the question around Aboriginal and CALD identification Record Aboriginal and CALD identification, country of birth and language spoken at home status on all relevant forms Develop partnerships with key priority community organisations
Audit to determine eligibility SMS, Letters (recall and reminder) Quality improvement practice plan and the Eliminate Hepatitis C partnership Burnet Practice Support	Utilise practice software such as PEN Respond to recall/reminder system Have opportunistic discussions w Ensure results are added to the c Actively promote and support hepat Participate in the Eliminate Hepat
Toolkit Opportunistic screening	Opportunistic discussions around hepatitis screening with at risk patients Addressing barriers or potential barriers to screening

Whole of practice approach - roles and responsibilities of the GPs

Role	GP GP	
Create a culturally safe and inclusive	Educate at risk patients about hepatitis risk factors and screening	
practice	Discuss hepatitis treatments. Offer interpreter at appointment, if needs Follow up patients who don't attend appointment and CALD identification, country of birth and language spoken at home status on all relevant forms Develop partnerships with key priority community organisations	
Audit to determine eligibility	Support and encourage screening audits via PENCS/Polar to identify at risk patients	
SMS, Letters (recall and reminder)	Respond to recall/reminder systems Have opportunistic discussions with at risk patients Ensure results are added to the clinical software	
Quality improvement practice plan and Eliminate Hepatitis C Partnership Burnet Practice Support Toolkit	Actively promote and support hepatitis screening Encourage and support participate in the Eliminate Hepatitis C Partnership Burnet Practice Support Toolkit	
Opportunistic screening	Opportunistic discussions around hepatitis screening and treatment with at risk patients Addressing barriers or potential barriers to screening	

Learning Objective 4

Identify where you can access evidence-based information, resources and further training to support your practice to increase screening of patients with hepatitis B or hepatitis C risk factors.

Eliminate Hepatitis C Partnership (Burnet) Practice support toolkit

Contains practice support resources including:

- Maximising MBS billing (NWPHN Info sheet)
- Optimising the patient management system
- Identifying patients that need follow up
- Setting up processes for patient follow up
- Auditing your clinic's progress (and getting CPD points)
- Many of these systems can be used to Hep B too!

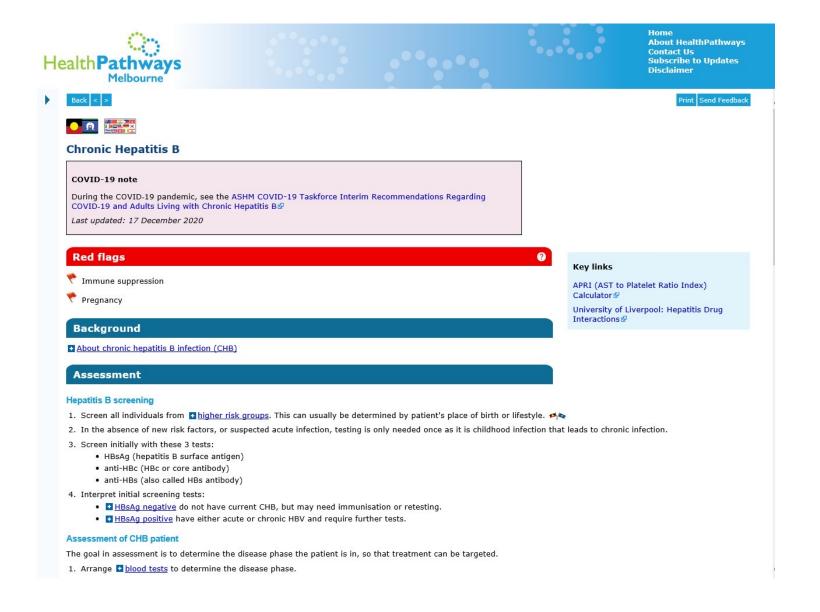
https://ecpartnership.org.au/system/resource/80/file/EC Partnership Toolkit.pdf

Optimising your patient management system

Eliminate C Practice Support Toolkit recommends shortcuts, templates & data entry processes for Medical Director, Best Practice and Zedmed. These will help you:

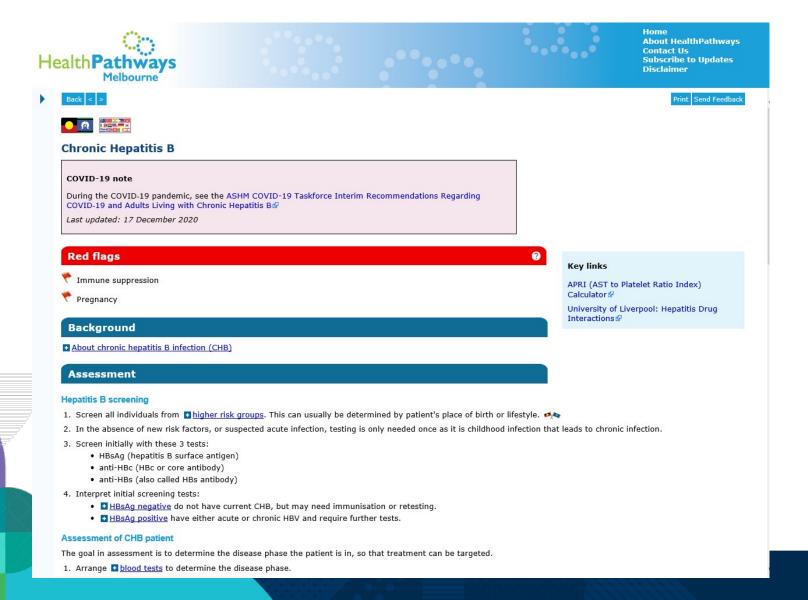
- Improve outcomes
- Improve the quality of Records
- Streamline your reporting
- Partake in Plan-Do-Study-Act activities which may contribute towards obtaining Quality Improvement incentive payments in the Practice Incentives Program
- Maximise MBS billing options available to you.

www.melbourne.healthpathways.org.au/index.htm

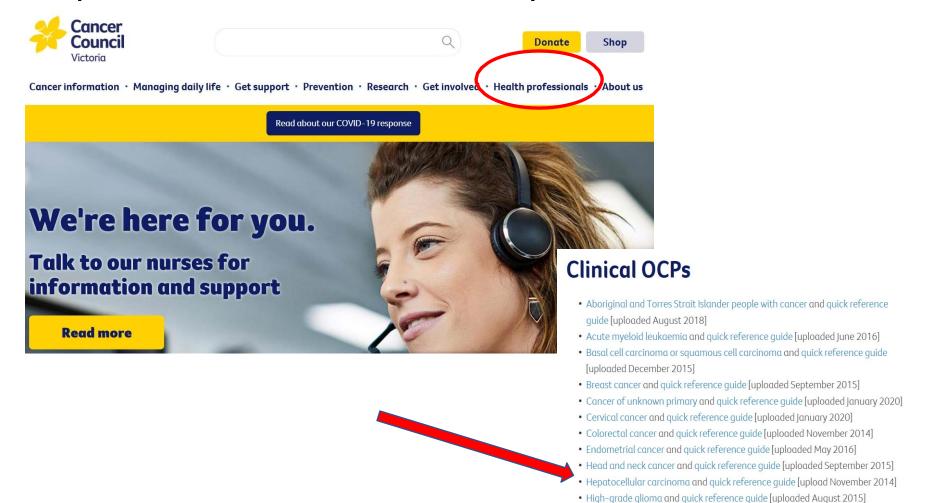


HealthPathways

www.melbourne.healthpathways.org.au/index.htm



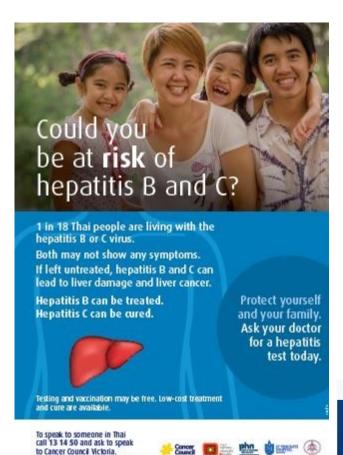
Optimal Care Pathways



• Hodgkin lymphoma and diffuse large B-cell lymphoma and quick reference

Cancer Screening Hub

www.cancerscreeninghub.org



www.cancervic.org.au/hep-thai





Hepatitis B and liver cancer



This fact sheet is about the hepatitis B. virus and its link with liver cancer.

Almost 240,000 Australians have chronic hepatitis B. Many do not know they have it and may be at risk of liver cancer.

What ishapatitis B? Hapatitis B, or hap B', is a virus, it affects the

- inflammation (swelling) scaring(also known as cirrhosis); and/or
 livercancer.

What does obronic hopatitis 8 mean? People who have had hopatitis 8 for more than six months have "chronic hopatitis. Chronic meens brightern. Mostwould havegotit as loables or young children. Those with chronic hepatitis Birney fedt well. They may not have any signs of the infection However, some people will go on to get scars in the liverancier liver

How do you get hepatits B? A vaccine will protect you against hepatitis B virus. Therhepatitis B virus is carried in body fluids and blood. The virus spreads when these fluids get into the body of another person who is mot vaccinated.

It can be spread:

- from mother to child during pregnancy or childbirth if the baby does not get a vaccine at birth.
- through unprotected sex.
- by sharing injecting drug equipment
 by unstartle medical procedures
 by infected blood going into the
 bloodstream in some other way, such as sunstanie tattooing.

it cannot be spead by:

- sharing food, drinks and outlery
- hugging anclikissing

How do youtfind outif you have chronic

Ask your doctor for a haparitis B blood test, A blood test can tell you if you:
• have chronic hepatitis B

- need a vaccine to protect you
- . have had a vaccine in the past and are protected

Two in the people with divoric hepatitis B in Australia do not know they haveirt. Many people. do not show any signs of it.

If you do not have hepatitis B, getting a vaccine will protect you against hepatitis B intection.

Who should be tested for hepatitis B?

- 1. People who wereborn in Asia, Pacific region, Atrice, Central and South America, Eastern and Southern Europe, Caribbean and the Middle East. The health checks you need to migrate to Australia usually do not test for hepolitis B.
- Aboriginal and Torres Strait Islander people. It is important for family members of people with hepatitis B to be tested leven if they were born in Australia).

What is the link between hepatitis B and liver

The hepatitis B virus can causelivercancer. Liver cancer is a growth in the liver. Reople with or withoutscarring can get liver cancer.

Up to one in four people with chronic hapatitis B will get scening and/or liver cancer.







Hep B hip-hop with Malesh P



Watch Video

Further learning and education

Centre for Ethnicity, Culture and Health – training on cultural safety, health literacy. https://www.ceh.org.au/

Victorian HIV and Hepatitis Integrated Training and Learning Program (VHHITAL) – free health professional BBVSTI training, s100 Hepatitis B prescriber training https://nwmphn.org.au/about/partnerships-collaborations/vhhital/

Victorian Viral Hepatitis Educator/Hepatology Clinical Nurse Consultatnts, St Vincent's. Tailored bespoke training on viral hepatitis funded by DHS gabrielle.bennett@svha.org.au Rebecca,Katiforis@svha.org.au

Australian recommendations for management of HCV https://www.hepcguidelines.org.au/

Australian consensus recommendations for the management of hepatitis B infection. Melbourne https://www.hepatitisb.org.au/gesa-australian-consensus-recommendations/

Australasian Society for HIV, Viral Hepatitis and Sexual Health Medicine - Training & resources https://ashm.org.au/

Resources and further support

Cancer Council Victoria – Cancer Screening HUB <u>www.cancerscreeninghub.org</u> Harm Reduction Victoria – the voice of drug users in Victoria. Workshops and support for people who use drugs.

https://www.hrvic.org.au/

St Vincent's Melbourne – resources to support discussion with patients. In languages, low health literacy. https://www.svhm.org.au/health-professionals/specialist-clinics/g/gastroenterology/resources#publications

LiverWELL (incorporating Hepatitis Victoria)
Information and resources for people affected by or at risk of viral hepatitis and liver disease https://www.hepvic.org.au/

Eliminate Hepatitis C Partnership (Burnet) Practice Support Toolkit https://ecpartnership.org.au/system/resource/80/file/EC Partnership Toolkit.pdf

Remote HCV consult - for GPs

MORTH WESTERN MELBOURNE	ry Care Consultat of Hepatitis C Trea		oria		
Alfred Hospital Liver Clinic (Gastroenterology)		Fax: (03	9076 2194	-33	
Alfred Hospital Infectious Diseases		40	Fax: (03	9076 6528	
Austin Health Liver Clinic		Fax: (03	9496 2097		
Box Hill Hospital Liver and Hepatitis Clinics		Fax: (03	9895 4852	_	
St Vincent's Hospital Melbourne Liver & Hepatitis Clinic			9231 3596	4	
The Royal Melbourne Hospital Liver Clinic				9342 7848	4
Victorian Infectious Diseases Service – Infectious Hepatitis Clinic Western Health Hepatitis Clinic) 9342 7277	-
Western Health Repatitis Clinic			rax. (US) 8345 7217	100
Referring Practitioner Note: General practitioners and nurse prac Name	titioners are eligible to prescri	ibe hepatitis C treatm	ent under	the PBS	
Suburb		Postcode			
Phone ()		Fax	()		
Mobile phone		***************************************			
Email address					
Patient					
Name					
Date of birth					
Postcode					
Hepatitis C History	Intercurrer	nt Conditions			
a to the second by	Diabetes		Yes	O No	
Date of hepatitis C (HCV) diagnosis:	Obesity		O Yes	O No	
	Hepatitis	B (HBV)*	O Yes		
Known cirrhosis*	HIV*		O Yes		
	Aleshala	4 standard			
*Patients with cirrhosis, or HBV/HIV coinfe	Cuon with	4 standard y (> 40 g/day)	☑ Yes	□ No	
HCV should be referred to a specialist.		about contracepti		O Yes	0

PENCS

PENCS Hep B Screening and Management Guide

https://help.pencs.com.au/display/CG/Hep+B+Scree

ning+and+Management+Guide

PENCS identifying patients diagnosed with hepatitis C to recall and treat them.

https://help.pencs.com.au/display/CR/Identify+Patie nts+with+Hepatitis+C

Further learning – inclusive practice

- Removing barriers Introduction (3 minutes video) https://vimeo.com/311809186
- Stigma and discrimination (5 minutes video) https://vimeo.com/264925003
- The Power of Words (Digital flip book) https://adf.org.au/resources/power-words/
- Best practice examples (for LGBTIQ community) https://www2.health.vic.gov.au/about/populations/lgbti-health/rainbow-equality/best-practice-examples
- Let's talk about C (2 minutes video) https://www.youtube.com/watch?v=pB4a8LLFjP0&feature=emb_logo
- Teach back and hepatitis B (9 minutes demonstration video) https://www.ceh.org.au/new-resource-showing-the-teach-back-technique-in-hepatitis-b-context/
- Cultural Safety for Health Professionals (online training portal of Australian Indigenous HealthInfoNet)
 https://healthinfonet.ecu.edu.au/key-resources/health-professionals/cultural-safety-for-health-professionals/
- Asking the Question? Are you (is this person) of Aboriginal or/and Torres Strait Islander origin? video <u>for practice staff</u>
 http://inwpcp.org.au/resources/closing-the-health-gap-for-aboriginal-and-torres-strait-islander-people/asking-the-question-training-package/

Acknowledgements

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VHHITAL

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VACCHO

THANK YOU