



Community navigation and social work support for people aged 50+

Who should I refer to if my client is aged 50-64?

Living Well, Ageing Well (LWAW) looks at the psychosocial aspects of a person's health. We offer individualised support to link people into meaningful social and community resources and regain independence, confidence and functioning.

The program often complements health services where the consumer has a chronic health issue which has led to them becoming isolated.

The aim is to facilitate meaningful connections which lead to reablement and independence.

What do we do?

- Individualised assessment and support
- Identification of barriers to social connection and interventions to reduce them
- Establish meaningful links with community groups, councils and neighbourhood houses
- Refer to other Merri Health groups and services where appropriate
- Run seminars, workshops and groups.

Who can be referred?

Anyone aged between 50-64 living in the northern metropolitan region of Melbourne who is not receiving other Government support funding such as NDIS can be referred to LWAW.

They may have chronic health issues, a lack of confidence in accessing their community, or be a time-poor carer who does not know what social and community resources are available to them.

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Merri Staff: send us an email to LivingWellAgeingWell@merrihealth.org.au.

External service providers – give us a call on (03) 8319 7408 or complete the referral form via this QR code.



Who do I refer my client to if they are aged 65+?

Access and Support

Individualised support for people aged 65+, providing advocacy and assistance navigating the aged care system.

Via MAC (Specialised Support Services – Client Advocacy)

Kate Cinerari

Access and Support Coordinator

(03) 9304 9220

Kate.Cinerari@merrihealth.org.au



Merri Health

Healthcare that moves with you