

# Quick Links: Case Discussion Resources **Melbourne, Victoria**

# **Table of Contents**

s3
ts A-Z 3
A-Z3
4
4
5
5
6
6
6
6
6
7
9
9

outine Check	9
Eczema	10
kin concerns in children	10
leep	10
Crying	11
Reflux / Colic	11
Cow's Milk Protein Intolerance (CMPI)	11
nsettled babies	11
rinary tract infection (UTI)	12



#### Quick links: HealthPathways Melbourne, General Resource Links

#### **Connecting to HealthPathways Melbourne**

Username: Connected

Password: Healthcare

You may also access HealthPathways Melbourne using your clinic's unique link (as provided previously by the SC4C team).



NOTE: you must be logged into the HealthPathways Melbourne to directly access links listed in tables below

#### **General Paediatric Resources for GPs**

- 1. RCH Clinical Practice Guidelines A-Z
- 2. Child Health Paediatric Recourses
- 3. Don't' Forget the Bubbles Paediatric articles
- 4. Sydney Children's Hospital Network Clinical Factsheets A-Z
- 5. Royal Children's Hospital Kids Health Info Factsheets A-Z
- 6. Raising Children Network Parenting resources

#### 7. Parkville Connect

A secure web-based portal providing GPs information in the Parkville electronic medical record. Access to information about patient's treatment at Royal Children's Hospital, Royal Women's Hospital, Melbourne Health and Peter MacCallum Cancer Centre.

About Parkville Connect How to sign-up to Parkville Connect

#### Hospital Contacts for Assessment and Referrals

Non-acute Paediatric Medicine Referral (> 24 hours)

Acute Paediatric Medicine Referral and Admission

Professional support and advice from <u>Royal Children's Hospital Quick Access Line</u>: 9345 7060, (*press 5 for Switchboard*)



# ADHD/behavioural concerns

HealthPathways Melbourne	ADHD in Children and Youth Behaviour and Development- Child	
Resources for GPs	Understanding ADHD- Don't forget the bubbles NICHQ Vanderbilt Assessment scales	
Resources for families	RCH Kids info- ADHD ways to help children at school/home         RCH Kids Info - ADHD factsheet         Raising Children network - ADHD	

— Autism Spectrum D	isorder
Hadisin Speechan S	
Healthpathways Melbourne	<u>HealthPathways Melbourne - Developmental concerns in Early</u> <u>Childhood</u>
	Early Childhood Early Intervention
	Behaviour and Development- Child
Resources for GPs	RACGP Website - Autism Spectrum Disorder
	<u>RCH - Autism</u>
	Making a diagnosis
	<u>Tele peds ASD</u>
	<u>ASDetect Apps</u>
	<u>M-CHAT - online screening (for children 16-36 months in</u>
	whom autism is suspected)
Resources for families	Raising Children Network - Autism
	Raising Children Network - Autism therapies
	Raising Children Network - Early Intervention & the NDIS
	Lifestart - Children and adolescent living with disability
	Amaze Autism - Information and online learning



# Developmental Delay

Healthpathways Melbourne	Developmental Concerns in Early Childhood
	Early Childhood Early Intervention
	Behaviour and Development- Child
	Speech/Language difficulties in Pre-schoolers
Resources for GPs	RCH - Clinical practice guidelines: Autism/developmental disability
	Assessment
	Ages and Stages - Developmental screening tool
Resources for families	Raising Children Network - Developmental delay (0-8 years)

Enuresis	
Healthpathways Melbourne	Enuresis in Children
Resources for GPs	Nocturnal Enuresis Resource Kit Continence Foundation for Australia Education and resources for improving childhood continence International Children's Continence society
Resources for families	Toilet and Potty-Training Resources Raising children network- Toilet training: a practical guide



#### Failure to thrive

#### Feeding concerns

Healthpathways Melbourne	Infant and Toddler Nutrition and Feeding Concerns Improving Milk Supply
Slow weight gain	
Healthpathways	<u>Slow Weight Gain in Infants</u>
Resources for GPs	RCH guidelines - Slow Weight Gain

Food Allergy ir	n Children	
HealthPathways Melbourne	Adverse Food Reaction in Children	
Resources for GPs	RCH clinical guidelines- Anaphylaxis	
	Allergy- action plan for Anaphylaxis	
Resources for	Allergy - How to introduce solid foods to babies	
families	Raising Children Network - Lactose intolerance	
	Raising Children Network - Food allergies	
	Prevent allergies.com	



# Growth & Puberty

Healthpathways Melbourne	Weight management in Children
Resources for	RCH - Child Growth
GPs	RACGP- Growth disorders in Adolescents article
	Childrens Health Referral guideline - Short stature
Resources for	Raising Children Network - Puberty (6-18 years)
families	Raising Children Network - Obesity (2-8 years)
	<u> Raising Children Network - Puberty (6-18 years)</u>



#### Mental Health

Healthpathways Melbourne	<u>Mental Health Assessment in Youth</u> <u>Anxiety in Children and Adolescents</u> <u>Borderline Personality Disorder</u> <u>Depression in Children and Adolescents</u>
Resources for GPs	Guidelines for Adolescent Depression in Primary Care
Resources for families	<u>Triple P Online program (parents of children 0-12 years)</u> <u>Teen Triple P Online (parents of children under 10-16 years)</u>
Fating Disorders	

Eating Disorders Healthpathways Melbourne	Eating disorder Child and Adolescent Specialised Referral
Resources for GPs	<u>RCH Secondary consults Information</u> <u>Maudsley Service Manual -Eating Disorders</u> <u>NEDC e-Learning for GPs</u> <u>Eating Disorders in teens Podcast (University of Melb)</u>
Resources for families	Eating Disorders Victoria - EDV Carer Coaching Program Butterfly Foundation Eating Disorders Families Australia Maudsely Parents Books: <u>Help your teenager beat an eating disorder</u> Skills-Based Caring for a Loved One with an Eating Disorder



#### Respiratory illness in children

HealthPathways Melbourne	<u>Bronchiolitis</u> <u>Wheeze in Children Aged 1-5 Years</u> <u>Asthma in Children</u> <u>Pneumonia</u>
Asthma	
Resources for GPs	<u>RCH - Asthma</u> <u>Asthma Module</u> <u>Turbuhaler Asthma Action Plan</u>
Resources for families	Printed information - Asthma Podcast - Asthma and respiratory disease Asthma Videos Australian Asthma Handbook - stepped guidelines
Bronchiolitis	
Resources for GPs	<u>RCH - Bronchiolitis</u>
Resources for families	Printed information - Bronchiolitis

# Realthpathways Infant Routine Check Melbourne Infant Routine Check Resources for families Maternal and Children Health phone app



# Skin concerns in children

<mark>Eczema</mark> Healthpathways Melbourne	Eczema in children
Resources for GPs	Atopic dermatitis in children - Australian Family PhysicianRCH - Eczema pre-referral guidelinesKids Health Info- EczemaDermNet NZ - Molluscum contagiosumDermNet NZ - fingertip unitRCH - Acne referrals to Teen Acne Project
Resources for families	<u>RCH - Eczema factsheet</u> <u>RCH - knowing your child's Eczema</u> <u>RCH - Eczema bath information</u> <u>Applying wet dressings (video)</u>

# Sleep

Healthpathways Melbourne	Infant Sleep Concerns Snoring and OSA in children
Resources for GPs	OSA questionnaire (download pdf)
Resources for families	Better safer care: decision about Tonsillectomy Raising Children Network- solving sleep: camping out Sleep with KIP: Helping families sleep better



# Unsettled babies

#### Crying

Crying	
Healthpathways	Infant Health
Melbourne	Unsettled infant
Resources for GPs	Purple Crying
013	RCH - Unsettled or crying babies
	SCH The crying baby Factsheet
Resources for families	Raising Children Network - Crying Babies
Reflux / Colic	
Healthpathways Melbourne	Reflux and GORD in Children
Resources for	RCH - Reflux & GORD
GPs	RCH- Gastroesophageal reflux
	Reducing medications in infants - REMEDI video
Cow's Milk Protein	Intolerance (CMPI)
HealthPathways Melbourne	Adverse Food Reaction in Children
Resources for	ASCIA: Cow's Milk Allergy
families	ASCIA: Dietary Avoidance for Cow's Milk and Soy Protein Allergy



Healthpathways       UTI in Children         Melbourne       Resources for         Resources for       RCH - UTI guidelines         NICE guidelines - UTI in under 16s: diagnosis and management         Paediatric UTI: Diagnosis and treatment
GPs NICE guidelines - UTI in under 16s: diagnosis and manageme

