

We all carry a lot of stuff around.  
But you don't need to do it alone.



Visit [headtohelp.org.au/tradies](https://headtohelp.org.au/tradies)  
Call 1800 595 212

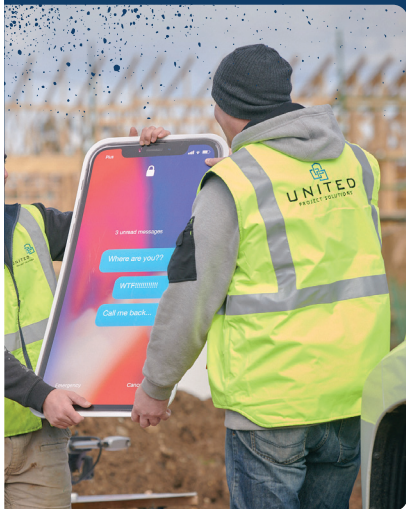
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If you're stressed about life or work, find the right person to talk to with HeadtoHelp.



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