Collaborative

Assessment and

Management of

Suicidality Training

2021 Training Program

Background

North Western Melbourne Primary Health Network (NWMPHN) is inviting accredited mental health clinicians delivering the CAREinMIND Suicide Prevention Service operating across the North Western Melbourne PHN region to participate in **fully subsidised** Collaborative Assessment and Management of Suicidality (CAMS) training.

Building upon the outstanding response from participants who undertook the training in 2019, this will be the second roll-out of the CAMS training package in the region and is being offered to enhance the skills of local clinicians in the assessment and treatment of people who experience suicidality.

What participants said about the training last year:

*“This has given me a new confidence, it has changed my practice, it should be part of basic training”*

*“Such relevant, useful and necessary training, very excited to implement CAMS as gold standard practice with my team”*

*“should be made available to all practitioners in the state/country, should be funded as mandatory training”*

What is CAMS?

CAMS is a flexible therapeutic framework that equips mental health professionals with the skills to work collaboratively with patients to assess suicidal risk, and to plan and manage suicide-specific, patient-centred treatment. It is a flexible approach that can be used across theoretical orientations and disciplines for a wide range of suicidal patients across treatment settings and different treatment modalities. More information about the CAMS framework can be found here: [cams-care.com/about-cams](https://cams-care.com/about-cams/)

Who is CAMS training suitable for?

CAMS advanced training is suitable for accredited mental health professionals and trainees working under sufficient supervision. These people may include:

* Psychologists
* Psychiatrists
* Counsellors
* Nurses (mental health)
* Social workers (mental health)
* GPs with special interest in mental health
* Occupational Therapists (Mental Health)

What is involved?

Training in CAMS involves three components including a source text (manual), an online foundation video course, 2 x half day fully interactive workshops via Zoom technology and three follow-up consultation calls.

***CAMS online training***

The online video course (three hours total) comprises an overview of CAMS theory and practice and a demonstration of the 12 sessions of treatment with CAMS from initial patient screening through to resolution. This component is to be completed in advance of the face-to-face training.

***Course Dates***

Half Day Workshop 1 – Wednesday February 17, 2021, 9.00am - 12.30pm

Half Day Workshop 2 – Wednesday February 24, 2021, 9.00am - 12.30pm

***Conference calls***

Training will include three follow-up group teleconference support calls (one hour per call) with a US-based CAMS trainer. These sessions will provide an opportunity for support and advice around clinical or practical application of the CAMS framework.

***CAMS manual***

All participants will receive the CAMS source text *Managing Suicide Risk: A Collaborative Approach (2nd Edition)*, which is available as a paperback or e-book. This text provides a manual for utilising the CAMS framework in assessment, planning and treatment of suicidality.

How to apply

If you are interested in participating in this training and able to commit to all three elements, please complete the attached Expression of Interest Form and return to suicideprevention@nwmphn.org.au **by close of business: on Thursday 11 February 2021**

For more information contact:

Suicide Prevention Team

North Western Melbourne PHN

**Phone:** 039347 1188

**Email:** suicideprevention@nwmphn.org.au

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| ABOUT PHNs Funded by the Commonwealth Department of Health, Primary Health Networks (PHN’s) began operation on 1 July 2015 and are responsible for coordinating primary health care and facilitating improved health outcomes in their local community. Melbourne Primary Care Network operates the North Western Melbourne Primary Health Network (NWMPHN). |

EXPRESSION OF INTEREST: Application

Collaborative Assessment and Management of Suicidality Training

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| **Applicant’s name:** |  |
| [ ]  **Psychologist** | [ ]  **Nurse (mental health)** | [ ]  **Mental health social worker**  |
| [ ]  **Psychiatrist** | [ ]  **Counsellor** | [ ]  **Mental Health Occupational Therapist**  |
| **Name of practice:** |  |
| **Practice address:** |  |
| **Postal address (to receive hard copy manual)** |  |
| **Contact details:** | **Phone:** | **Email:** |
| **Eligibility** |
| **You must be able to tick each of these boxes to be eligible to nominate:**[ ]  **Current provider of therapeutic services in the North Western Melbourne region**[ ]  **Committed to undertake all three elements of the training – this is vital for successful completion of the training****☐ Working regularly with people who experience suicidality** |
| **Signed:** | **Date:** |

We acknowledge the peoples of the Kulin nation as the Traditional Owners of the land on which our work in the community takes place. We pay our respects to their Elders past and present.

