

North Western Melbourne - Primary Mental Health Care 2019/20 - 2023/24 Activity Summary View



MH - 1100 - MH 1.1 Low intensity mental health services_AWP 21/22



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

1100

Activity Title *

MH 1.1 Low intensity mental health services_AWP 21/22

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 1: Low intensity mental health services

Other Program Key Priority Area Description

Aim of Activity *

The aim of this activity, as part of a stepped care approach, is to improve access to a range of low intensity service options for consumers who are at risk of mental illness, or have mild to moderate mental illness, but do not require more intensive psychological interventions.

The activity will also seek to promote low intensity services, and build their acceptability, as an effective choice to both health professionals and consumers.

Description of Activity *

NWMPHN will commission outcome based strategies that:

- are targeted at lower intensity mental health needs, within a stepped care approach
- provide an efficient and less costly alternative to higher cost and more intensive psychological services
- provide evidence based psychological interventions to people with, or at risk of, mild mental illness
- provide a high quality service that people can access easily and directly (without the need for a formal referral)
- offer the intervention in a variety of delivery formats including individual, group, telephone and web-based services, face-to-face, and combinations of modalities

Examples of activities that will be commissioned include:

- the CAREinMIND Wellbeing Support Service (online and phone based counselling available 24/7)
- programs to educate consumers, referrers and service providers on available low intensity services and how to access these
- continue to build awareness of the pathways to access mental health information, support and care, especially for those from Culturally And Linguistically Diverse and refugee communities
- group based low intensity interventions.

The approaches or mechanisms, i.e. enablers, that may be used to implement this activity include: Digitally Enhanced Care Pathways, workforce development and quality improvement, health literacy, consumer participation and organisational governance and accountability.

Needs Assessment Priorities *

Needs Assessment

NWMPHN Needs Assessment 2019/20-2021/22_updated

Priorities

Priority	Page reference
Mental Health – Low Intensity	85



Activity Demographics

Target Population Cohort

Individuals with, or at risk of mild mental illness across the North Western Melbourne region. This will include consumers themselves and their carers or significant supports.

Improving and supporting Aboriginal and Torres Strait Islander health is a priority. NWMPHN has developed a Reconciliation Action Plan to support the engagement with and focus on our Aboriginal and Torres Strait Islander communities. NWMPHN also works with commissioned providers to support cultural competency in commissioned services.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes

SA3 Name	SA3 Code
Keilor	21001
Brunswick - Coburg	20601
Moreland - North	21003
Melbourne City	20604
Maribyrnong	21303
Darebin - South	20602
Tullamarine - Broadmeadows	21005
Macedon Ranges	21002
Wyndham	21305
Darebin - North	20902
Sunbury	21004
Hobsons Bay	21302
Essendon	20603
Yarra	20607
Brimbank	21301
Melton - Bacchus Marsh	21304



Activity Consultation and Collaboration

Consultation

NWMPHN utilises a range of mechanisms to facilitate consultation including Community Advisory and Clinical Councils. The NWMPHN Mental Health Expert Advisory Group has also been established with membership from peak organisations in Mental Health; Aboriginal Health; and Carers and Consumers. Other Expert Advisory Groups (AOD and suicide) and Taskforces (LGBTIQ+) also contribute to this activity.

Consumers and people with Lived Experience are core to the work we do. We seek opportunities for consumers and carers to be involved at all stages of commissioning including co-design to support genuine input in the design and development of services through to assessing the experience of consumers using the commissioned services.

NWMPHN also consults with existing service providers and the broader sector to understand the effectiveness and impact of commissioned services.

Collaboration

Collaboration with stakeholders will occur throughout the commissioning process, NWMPHN recognises that working in this way adds value and strengthens our impact. The following stakeholders may be involved in prioritisation, planning, implementation, monitoring and evaluation of activities:

- NWMPHN regional and strategic partnerships and collaboratives
- Local Hospital Networks
- Community Health Services
- General Practice

- Residential Aged Care Facilities
- Allied Health
- Private health
- Community based organisations
- Research institutes
- Peak and professional bodies
- Victorian Department of Health
- Local government
- Other identified providers



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2023

Service Delivery Start Date

1 July 2019

Service Delivery End Date

30 June 2023

Other Relevant Milestones

N/A



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): Yes

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

Consumers and people with Lived Experience are core to the work we do. We seek opportunities for consumers and carers to be involved at all stages of commissioning including co-design to support genuine input in the design and development of services through to assessing the experience of consumers using the commissioned services.

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 2100 - MH 2.1 headspace centres_AWP 21/22



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

2100

Activity Title *

MH 2.1 headspace centres_AWP 21/22

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

The aim of this activity is to maintain the headspace service network across NWMPHN, in line with the headspace service delivery model.

NWMPHN will work with headspace services (including their lead agencies and consortium partners) to improve the integration of headspace services within the broader primary mental health system and support a quality and outcomes focus relevant to the local setting and context.

Description of Activity *

NWMPHN will continue to commission lead agencies, with consortia partners, to maintain the network of headspace services in the region:

- Collingwood
- Craigieburn
- Glenroy
- Melton
- Sunshine
- Werribee

Opportunities for improved integration of activities informed by the local context, including school-based primary health and mental health initiatives will continue to be explored.

Needs Assessment Priorities *

Needs Assessment

NWMPHN Needs Assessment 2019/20-2021/22_updated

Priorities

Priority	Page reference
Mental Health – Youth Services	87



Activity Demographics

Target Population Cohort

Young people aged 12 to 25 years with, or at risk of, mild to moderate mental illness.

Improving and supporting Aboriginal and Torres Strait Islander health is a priority. NWMPHN has developed a Reconciliation Action Plan to support the engagement with and focus on our Aboriginal and Torres Strait Islander communities. NWMPHN also works with commissioned providers to support cultural competency in commissioned services.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes

SA3 Name	SA3 Code
Keilor	21001
Brunswick - Coburg	20601
Moreland - North	21003
Melbourne City	20604
Maribyrnong	21303
Darebin - South	20602
Tullamarine - Broadmeadows	21005
Macedon Ranges	21002
Wyndham	21305
Darebin - North	20902
Sunbury	21004
Hobsons Bay	21302
Essendon	20603
Yarra	20607
Brimbank	21301
Melton - Bacchus Marsh	21304



Activity Consultation and Collaboration

Consultation

NWMPHN utilises a range of mechanisms to facilitate consultation including Community Advisory and Clinical Councils. The NWMPHN Mental Health Expert Advisory Group has also been established with membership from peak organisations in Mental Health; Aboriginal Health; and Carers and Consumers. Other Expert Advisory Groups (AOD and suicide) and Taskforces (LGBTIQ+) also contribute to this activity.

Consumers and people with Lived Experience are core to the work we do. We seek opportunities for consumers and carers to be involved at all stages of commissioning including co-design to support genuine input in the design and development of services through to assessing the experience of consumers using the commissioned services.

NWMPHN also consults with existing headspace operators and the broader sector to understand the effectiveness and impact of headspace centres in the region.

Collaboration

Collaboration with stakeholders relevant to headspace and youth health will occur throughout the commissioning process. NWMPHN recognises that working in this way adds value and strengthens our impact. The following stakeholders may be involved in prioritisation, planning, implementation, monitoring and evaluation of activities:

- Headspace lead agencies
- Headspace consortia
- Youth Advisory groups
- NWMPHN regional and strategic partnerships and collaboratives
- Local Hospital Networks
- Community Health Services

- General Practice
- Allied Health
- Community based organisations
- Research institutes
- Private health
- Peak and professional bodies
- Victorian Department of Health
- Victorian Department of Education and Training
- Local government
- Other identified providers



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2023

Service Delivery Start Date

1 July 2019

Service Delivery End Date

30 June 2023

Other Relevant Milestones

N/A



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

N/A

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

No



MH - 2200 - MH 2.2 Child and youth mental health (youth severe)_AWP 21/22



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

2200

Activity Title *

MH 2.2 Child and youth mental health (youth severe)_AWP 21/22

Existing, Modified or New Activity *

Modified



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

This aim of this activity is to improve early access to support, particularly for children and young people with, or at risk of, severe mental illness.

Description of Activity *

NWMPHN will commission outcome-based services that:

- Provide early access for young people with, or at risk of, experiencing severe mental illness
- Establish and strengthen linkages between local services, supports and stakeholders (may include formal collaborations)
- Recognise that young people may also have co-existing issues (e.g. problematic Alcohol or Other Drug use, homelessness) that may require linkages with appropriate services or supports
- Are flexible and responsive to access, particularly for young people likely to miss out on services
- Are evidence based
- Examples of activities that will be commissioned include:
 - o Responsive services with the capacity and capability to meet the needs of young people with more complex mental illness, including through enhancing the services available through the headspace platform
 - o Targeted services for young people with, or at risk of, severe mental illness and other risk factors such as the 'check in' service for homeless youth and the 'Enrich' service.

Opportunities for improved integration of activities with school-based initiatives for primary health and mental health will also be explored.

The approaches or mechanisms, i.e. enablers, that may be used to implement this activity include: Digitally Enhanced Care Pathways, workforce development and quality improvement, health literacy, consumer participation and organisational governance and accountability.

Needs Assessment Priorities *

Needs Assessment

NWMPHN Needs Assessment 2019/20-2021/22_updated

Priorities

Priority	Page reference
Mental Health – Youth Services	87



Activity Demographics

Target Population Cohort

Young people aged 12 to 25 with, or at risk of, severe mental illness.

Improving and supporting Aboriginal and Torres Strait Islander health is a priority. NWMPHN has developed a Reconciliation Action Plan to support the engagement with and focus on our Aboriginal and Torres Strait Islander communities. NWMPHN also works with commissioned providers to support cultural competency in commissioned services.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes

SA3 Name	SA3 Code
Keilor	21001
Brunswick - Coburg	20601
Moreland - North	21003
Melbourne City	20604
Maribyrnong	21303
Darebin - South	20602
Tullamarine - Broadmeadows	21005
Macedon Ranges	21002
Wyndham	21305
Darebin - North	20902
Sunbury	21004
Hobsons Bay	21302
Essendon	20603
Yarra	20607
Brimbank	21301
Melton - Bacchus Marsh	21304



Activity Consultation and Collaboration

Consultation

NWMPHN utilises a range of mechanisms to facilitate consultation including Community Advisory and Clinical Councils. The NWMPHN Mental Health Expert Advisory Group has also been established with membership from peak organisations in Mental Health; Aboriginal Health; and Carers and Consumers. Other Expert Advisory Groups (AOD and suicide) and Taskforces (LGBTIQ+) also contribute to this activity.

Consumers and people with Lived Experience are core to the work we do. We seek opportunities for consumers and carers to be involved at all stages of commissioning including co-design to support genuine input in the design and development of services through to assessing the experience of consumers using the commissioned services.

NWMPHN also consults with existing child and youth services and the broader sector to understand the effectiveness and impact of services in the region.

Collaboration

Collaboration with stakeholders relevant to child and youth health will occur throughout the commissioning process. NWMPHN recognises that working in this way adds value and strengthens our impact. The following stakeholders may be involved in prioritisation, planning, implementation, monitoring and evaluation of activities:

- Orygen, the National centre of excellence in youth mental health
- headspace lead agencies and consortia
- Youth Advisory groups
- NWMPHN regional and strategic partnerships and collaboratives
- Local Hospital Networks
- Community Health Services

- General Practice
- Allied Health
- Community based organisations
- Research institutes
- Private health
- Peak and professional bodies
- Victorian Department of Health
- Victorian Department of Education and Training
- Local government
- Other identified providers



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2023

Service Delivery Start Date

1 July 2019

Service Delivery End Date

30 July 2023

Other Relevant Milestones

N/A



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): Yes

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

N/A

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 2300 - MH 2.3 Child and youth mental health (headspace Demand Management and Enhancement Program)_AWP 21/22



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

2300

Activity Title *

MH 2.3 Child and youth mental health (headspace Demand Management and Enhancement Program)_AWP 21/22

Existing, Modified or New Activity *

New Activity



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 2: Child and youth mental health services

Other Program Key Priority Area Description**Aim of Activity ***

This aim of this activity is to improve demand management and enhancement at headspace Werribee. The aim of this funding is to relocate headspace Werribee to a new location with the objective of enhancing the quality of experience for young people aged 12 to 25 years accessing mental health services provided through headspace Werribee.

Description of Activity *

The headspace Demand Management and Enhancement Program aims are to:

- enhance and modernise headspace premises through capital works activity including increasing building size, enhancing layout, upgrading or replacing equipment and furnishings and/or relocating services.
- Opportunities for improved integration of activities with school-based initiatives for primary health and mental health will also be explored.

The approaches or mechanisms, i.e. enablers, that may be used to implement this activity include: Digitally Enhanced Care Pathways, workforce development and quality improvement, health literacy, consumer participation and organisational governance and accountability.

Needs Assessment Priorities *

Needs Assessment

NWMPHN Needs Assessment 2019/20-2021/22_updated

Priorities

Priority	Page reference
Mental Health – Youth Services	87



Activity Demographics

Target Population Cohort

Young people aged 12 to 25

Improving and supporting Aboriginal and Torres Strait Islander health is a priority. NWMPHN has developed a Reconciliation Action Plan to support the engagement with and focus on our Aboriginal and Torres Strait Islander communities. NWMPHN also works with commissioned providers to support cultural competency in commissioned services.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Wyndham	21305



Activity Consultation and Collaboration

Consultation

NWMPHN utilises a range of mechanisms to facilitate consultation including Community Advisory and Clinical Councils. The NWMPHN Mental Health Expert Advisory Group has also been established with membership from peak organisations in Mental Health; Aboriginal Health; and Carers and Consumers. Other Expert Advisory Groups (AOD and suicide) and Taskforces (LGBTIQ+) also contribute to this activity.

Consumers and people with Lived Experience are core to the work we do. We seek opportunities for consumers and carers to be

involved at all stages of commissioning including co-design to support genuine input in the design and development of services through to assessing the experience of consumers using the commissioned services.

NWMPHN also consults with existing child and youth services and the broader sector to understand the effectiveness and impact of services in the region.

Collaboration

Collaboration with stakeholders relevant to child and youth health will occur throughout the commissioning process. NWMPHN recognises that working in this way adds value and strengthens our impact. The following stakeholders may be involved in prioritisation, planning, implementation, monitoring and evaluation of activities:

- Orygen, the National centre of excellence in youth mental health
- headspace lead agencies and consortia
- Youth Advisory groups
- NWMPHN regional and strategic partnerships and collaboratives
- Local Hospital Networks
- Community Health Services
- General Practice
- Allied Health
- Community based organisations
- Research institutes
- Private health
- Peak and professional bodies
- Victorian Department of Health
- Victorian Department of Education and Training
- Local government
- Other identified providers



Activity Milestone Details/Duration

Activity Start Date

31/10/2020

Activity End Date

31/10/2021

Service Delivery Start Date

N/A this activity is for relocation of an existing service and associated capital costs

Service Delivery End Date

N/A this activity is for relocation of an existing service and associated capital costs

Other Relevant Milestones

N/A



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No
Continuing Service Provider / Contract Extension: Yes
Direct Engagement: No
Open Tender: No
Expression Of Interest (EOI): No
Other Approach (please provide details): Yes

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

N/A

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

No



MH - 3100 - MH 3.1 Targeted Psychological Supports for under-serviced and/or hard to reach groups_AWP 21/22



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

3100

Activity Title *

MH 3.1 Targeted Psychological Supports for under-serviced and/or hard to reach groups_AWP 21/22

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 3: Psychological therapies for rural and remote, under-serviced and / or hard to reach groups

Other Program Key Priority Area Description**Aim of Activity ***

The aim of this activity, as part of a stepped care approach, is to improve access to evidence based psychological therapies for people who have mild to moderate mental illness. Service access will be targeted at underserved groups and other priority populations who may be at risk of missing out on access.

Description of Activity *

NWMPHN will commission outcome based strategies that:

- support an integrated, holistic response based on assessed need;
- are targeted at mild to moderate intensity mental health needs of underserved groups, or otherwise higher risk population groups;
- are delivered within a stepped care approach and are accessible;
- provide evidence based, shorter term (time limited) psychological interventions;
- are delivered by appropriately trained and qualified mental health professionals within their scope of practice;
- promote partnerships with GPs, consumers, and other health professionals or stakeholders to support coordinated care to meet the needs of underserved groups;
- support continuity of care through linkage with GPs and ensuring care is transitioned, as indicated, within a stepped care context;

- use a range of modalities for delivery of care including face to face, group based or telephone and internet based services to enable access;
- promote continuous improvement through the utilisation of qualitative and quantitative consumer data (including consumer self-reported experience and outcome measures).

Examples of activities that will be commissioned include:

- services targeted at identified vulnerable populations and settings including (but not limited to) LGBTI+; women escaping family violence; children and families; older Australians; perinatal and postnatal mental health; older adults in community settings
- CAREinMIND Targeted Psychological Support Services

NWMPHN will continue to review and evolve the activities to ensure they continue to meet the needs of the community in a sustainable way. The approaches or mechanisms, i.e. enablers, that may be used to implement this activity include: Digitally Enhanced Care Pathways, workforce development and quality improvement, health literacy, consumer participation and organisational governance and accountability.

Needs Assessment Priorities *

Needs Assessment

NWMPHN Needs Assessment 2019/20-2021/22_updated

Priorities

Priority	Page reference
Mental Health	83



Activity Demographics

Target Population Cohort

Underserved groups, those unable to afford services elsewhere and from vulnerable communities of need - children, youth, Aboriginal and Torres Strait Islander, Culturally and Linguistically Diverse, refugee and asylum seekers, family violence, homeless and LGBTI+, older adults and new parents who are experiencing mild to moderate mental illness across the North Western Melbourne region.

Improving and supporting Aboriginal and Torres Strait Islander health is a priority. NWMPHN has developed a Reconciliation Action Plan to support the engagement with and focus on our Aboriginal and Torres Strait Islander communities. NWMPHN also works with commissioned providers to support cultural competency in commissioned services.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes

SA3 Name	SA3 Code
Keilor	21001
Brunswick - Coburg	20601
Moreland - North	21003
Melbourne City	20604
Maribyrnong	21303
Darebin - South	20602
Tullamarine - Broadmeadows	21005
Macedon Ranges	21002
Wyndham	21305
Darebin - North	20902
Sunbury	21004
Hobsons Bay	21302
Essendon	20603
Yarra	20607
Brimbank	21301
Melton - Bacchus Marsh	21304



Activity Consultation and Collaboration

Consultation

NWMPHN utilises a range of mechanisms to facilitate consultation including Community Advisory and Clinical Councils. The NWMPHN Mental Health Expert Advisory Group has also been established with membership from peak organisations in Mental Health; Aboriginal Health; and Carers and Consumers, and other Expert Advisory Groups (AOD and suicide) and Taskforces (LGBTIQ+) also contribute to this activity.

Consumers and people with Lived Experience are core to the work we do. We seek opportunities for consumers and carers to be involved at all stages of commissioning including co-design to support genuine input in the design and development of services through to assessing the experience of consumers using the commissioned services.

NWMPHN also consults with existing service providers and the broader sector to understand the effectiveness and impact of commissioned services.

Collaboration

Collaboration with stakeholders will occur throughout the commissioning process, NWMPHN recognises that working in this way adds value and strengthens our impact. The following stakeholders may be involved in prioritisation, planning, implementation, monitoring and evaluation of activities:

- NWMPHN regional and strategic partnerships and collaboratives
- Local Hospital Networks
- Community Health Services
- General Practice
- Residential Aged Care Facilities
- Allied Health

- Community based organisations
- Research institutes
- Peak and professional bodies
- Victorian Department of Health
- Victorian Department of Education and Training
- Child and youth specific mental health services
- Local government
- Other identified providers



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2023

Service Delivery Start Date

1 July 2019

Service Delivery End Date

30 June 2023

Other Relevant Milestones

N/A



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): Yes

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

N/A

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 3200 - MH 3.2 Psychological treat. services for people w mental illness living in res. aged care_AWP 21/22



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

3200

Activity Title *

MH 3.2 Psychological treat. services for people w mental illness living in res. aged care_AWP 21/22

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 3: Psychological therapies for rural and remote, under-served and / or hard to reach groups

Other Program Key Priority Area Description**Aim of Activity ***

The aim of this activity, as part of a stepped care approach, is to improve access to psychological therapies for residents of Residential Aged Care Facilities who have mild to moderate mental illness.

Description of Activity *

NWMPHN will commission outcome based strategies that:

- are targeted at RACF residents with, or at risk of, mild to moderate intensity mental illness;
- are delivered within a stepped care approach from lower intensity to therapies suitable for mild to moderate mental illness;
- are accessible and implemented in collaboration with RACFs recognising the roles, responsibilities and operational issues;
- are delivered by appropriately trained and qualified health professionals within their scope of practice;
- promote partnerships with GPs, RACF, consumers, and other health professionals or stakeholders;
- support continuity of care through linkage with GPs and ensuring care is transitioned, as indicated, within a stepped care context;
- May use multiple modalities including face to face, group based or telephone and internet based interventions.

Examples of activities that will be commissioned include:

- Intake and assessment support to enable stepped services to be targeted to residents with mental illness
- services targeted at identified vulnerable populations including (but not limited to) LGBTI+; CALD; Aboriginal and Torres Strait Islander people
- Low intensity models including group work;
- In reach based psychological therapy services;
- Innovative models of service suitable for the age cohort and RACF setting.

The approaches or mechanisms, i.e. enablers, that may be used to implement this activity include: Digitally Enhanced Care Pathways, workforce development and quality improvement, health literacy, consumer participation and organisational governance and accountability.

Needs Assessment Priorities *

Needs Assessment

NWMPHN Needs Assessment 2019/20-2021/22_updated

Priorities

Priority	Page reference
Older Adults	91



Activity Demographics

Target Population Cohort

Residents of RACFs in the NWMPHN region who have, or are at risk of, mild to moderate mental illness. Note: this does not include people who have dementia and delirium.

Men aged over 85 are recognised as a higher risk group due to the higher rates of suicide for this group.

Improving and supporting Aboriginal and Torres Strait Islander health is a priority. NWMPHN has developed a Reconciliation Action Plan to support the engagement with and focus on our Aboriginal and Torres Strait Islander communities. NWMPHN also works with commissioned providers to support cultural competency in commissioned services.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes

SA3 Name	SA3 Code
Keilor	21001
Brunswick - Coburg	20601
Moreland - North	21003
Melbourne City	20604
Maribyrnong	21303
Darebin - South	20602
Tullamarine - Broadmeadows	21005
Macedon Ranges	21002
Wyndham	21305
Darebin - North	20902
Sunbury	21004
Hobsons Bay	21302
Essendon	20603
Yarra	20607
Brimbank	21301
Melton - Bacchus Marsh	21304



Activity Consultation and Collaboration

Consultation

NWMPHN utilises a range of mechanisms to facilitate consultation including Community Advisory and Clinical Councils. The NWMPHN Mental Health Expert Advisory Group has also been established with membership from peak organisations in Mental Health; Aboriginal Health; and Carers and Consumers, and other Expert Advisory Groups (AOD and suicide) and Taskforces (LGBTIQ+) also contribute to this activity

Consumers and people with Lived Experience are core to the work we do. We seek opportunities for consumers and carers to be involved at all stages of commissioning including co-design to support genuine input in the design and development of services through to assessing the experience of consumers using the commissioned services.

NWMPHN also consults with existing service providers and the broader sector to understand the effectiveness and impact of commissioned services. This has included a co-design workshop held at NWMPHN with aged care stakeholders.

Collaboration

Collaboration with stakeholders will occur throughout the commissioning process, NWMPHN recognises that working in this way adds value and strengthens our impact. The following stakeholders may be involved in prioritisation, planning, implementation, monitoring and evaluation of activities:

- NWMPHN regional and strategic partnerships and collaboratives
- Local Hospital Networks
- Residential Aged Care Facilities
- General Practice
- Allied Health
- Research institutes

- Peak and professional bodies
- Victorian Department of Health
- Local government
- Other identified providers

Consultation activities will continue to be utilised.



Activity Milestone Details/Duration

Activity Start Date

27/02/2019

Activity End Date

29/06/2023

Service Delivery Start Date

1 July 2020

Service Delivery End Date

30 June 2023

Other Relevant Milestones

N/A



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

N/A

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 4100 - MH 4.1 Intensive Support Services_AWP 21/22



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

4100

Activity Title *

MH 4.1 Intensive Support Services_AWP 21/22

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 4: Mental health services for people with severe and complex mental illness including care packages

Other Program Key Priority Area Description**Aim of Activity ***

The aim of this activity is to commission primary mental health services (clinical nursing and care coordination) for people with severe mental illness who are being supported in primary care. Through improving coordination and integration of the commissioned services with other services and supports, promote improved assessment and treatment of physical health and other needs (including disability and psychosocial supports).

Description of Activity *

NWMPHN will commission outcome based strategies that:

- are targeted at people with severe mental illness who can appropriately be supported in a primary care setting
- are delivered within a stepped care approach;
- provide clinical nursing and care coordination including linkage with other necessary services (e.g. for physical health needs or disability and psychosocial supports)
- are delivered by appropriately trained and qualified mental health professionals including credentialed mental health nurses within their scope of practice;

- promote partnerships with GPs, Psychiatrists, consumers, and other health professionals or stakeholders to support coordinated care to meet the needs of underserved groups including through the use of a suitable care plan
- support continuity of care through linkage with GPs and ensuring care is transitioned, as clinically indicated, within a stepped care context
- promote continuous improvement through the utilisation of qualitative and quantitative consumer data (including consumer self-reported experience and outcome measures).

Examples of services that will be commissioned include:

- CAREinMIND Intensive Support Services
- Integrated Chronic Care program that address comorbid complex mental illness and chronic disease

NWMPHN will continue to review and evolve the activities to ensure they continue to meet the needs of the community in a sustainable way. The approaches or mechanisms, i.e. enablers, that may be used to implement this activity include: Digitally Enhanced Care Pathways, workforce development and quality improvement, health literacy, consumer participation and organisational governance and accountability.

Needs Assessment Priorities *

Needs Assessment

NWMPHN Needs Assessment 2019/20-2021/22_updated

Priorities

Priority	Page reference
Mental Health	83



Activity Demographics

Target Population Cohort

People with severe and complex mental illness being managed in primary care.

Improving and supporting Aboriginal and Torres Strait Islander health is a priority. NWMPHN has developed a Reconciliation Action Plan to support the engagement with and focus on our Aboriginal and Torres Strait Islander communities. NWMPHN also works with commissioned providers to support cultural competency in commissioned services.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes

SA3 Name	SA3 Code
Keilor	21001
Brunswick - Coburg	20601
Moreland - North	21003
Melbourne City	20604
Maribyrnong	21303
Darebin - South	20602
Tullamarine - Broadmeadows	21005
Macedon Ranges	21002
Wyndham	21305
Darebin - North	20902
Sunbury	21004
Hobsons Bay	21302
Essendon	20603
Yarra	20607
Brimbank	21301
Melton - Bacchus Marsh	21304



Activity Consultation and Collaboration

Consultation

NWMPHN utilises a range of mechanisms to facilitate consultation including Community Advisory and Clinical Councils. The NWMPHN Mental Health Expert Advisory Group has also been established with membership from peak organisations in Mental Health; Aboriginal Health; and Carers and Consumers, and other Expert Advisory Groups (AOD and suicide) and Taskforces (LGBTIQ+) also contribute to this activity.

Consumers and people with Lived Experience are core to the work we do. We seek opportunities for consumers and carers to be involved at all stages of commissioning including co-design to support genuine input in the design and development of services through to assessing the experience of consumers using the commissioned services.

NWMPHN also consults with existing service providers and the broader sector to understand the effectiveness and impact of commissioned services.

Collaboration

Collaboration with stakeholders will occur throughout the commissioning process, NWMPHN recognises that working in this way adds value and strengthens our impact. The following stakeholders may be involved in prioritisation, planning, implementation, monitoring and evaluation of activities:

- NWMPHN regional and strategic partnerships and collaboratives
- Local Hospital Networks
- Private psychiatrists
- General Practice
- Allied Health
- Community based organisations

- Research institutes
- Peak and professional bodies
- Victorian Department of Health
- Local government
- Other identified providers



Activity Milestone Details/Duration

Activity Start Date

30/06/2019

Activity End Date

29/06/2023

Service Delivery Start Date

1 July 2019

Service Delivery End Date

30 June 2023

Other Relevant Milestones

N/A



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

N/A

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 5100 - MH 5.1 Suicide Prevention Support Services_AWP 21/22



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

5100

Activity Title *

MH 5.1 Suicide Prevention Support Services_AWP 21/22

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 5: Community based suicide prevention activities

Other Program Key Priority Area Description**Aim of Activity ***

The aim of this activity is to ensure services are available, in primary care settings, to respond to individuals at risk of suicide and to provide follow up care and support following a suicide attempt.

Description of Activity *

Commissioning of evidence based services for people who have attempted, or are at risk of, suicide. This will include:

- Evidence based psychological therapies to provide timely support individuals at heightened risk of suicide or following a suicide attempt
- Postvention support and resources for people bereaved by suicide

Examples of services that will be commissioned include:

- Support after Suicide service
- CAREinMIND suicide prevention support service

Services will be integrated within a broader system based regional approach. NWMPHN will continue to review and evolve the activities to ensure they meet the needs of the community in a sustainable way. The approaches or mechanisms, i.e. enablers, that

may be used to implement this activity include: Digitally Enhanced Care Pathways, workforce development and quality improvement, health literacy, consumer participation and organisational governance and accountability.

Needs Assessment Priorities *

Needs Assessment

NWMPHN Needs Assessment 2019/20-2021/22_updated

Priorities

Priority	Page reference
Suicide prevention	88
Mental Health	83



Activity Demographics

Target Population Cohort

People who have attempted, or are at risk of, suicide and self harm. This includes people who may have been recently bereaved by suicide.

Improving and supporting Aboriginal and Torres Strait Islander health is a priority. NWMPHN has developed a Reconciliation Action Plan to support the engagement with and focus on our Aboriginal and Torres Strait Islander communities. NWMPHN also works with commissioned providers to support cultural competency in commissioned services.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes

SA3 Name	SA3 Code
Keilor	21001
Brunswick - Coburg	20601
Moreland - North	21003
Melbourne City	20604
Maribyrnong	21303
Darebin - South	20602
Tullamarine - Broadmeadows	21005
Macedon Ranges	21002
Wyndham	21305
Darebin - North	20902
Sunbury	21004
Hobsons Bay	21302
Essendon	20603
Yarra	20607
Brimbank	21301
Melton - Bacchus Marsh	21304



Activity Consultation and Collaboration

Consultation

NWMPHN utilises a range of mechanisms to facilitate consultation including Community Advisory and Clinical Councils. The NWMPHN Mental Health Expert Advisory Group has also been established with membership from peak organisations in Mental Health; Aboriginal Health; and Carers and Consumers, and other Expert Advisory Groups (AOD and suicide) and Taskforces (LGBTIQ+) also contribute to this activity.

Consumers and people with Lived Experience are core to the work we do. We seek opportunities for consumers and carers to be involved at all stages of commissioning including co-design to support genuine input in the design and development of services through to assessing the experience of consumers using the commissioned services.

NWMPHN also consults with existing service providers and the broader sector to understand the effectiveness and impact of commissioned services. Engagement with LHNs and hospital Emergency Departments will be a key focus.

Collaboration

Collaboration with stakeholders will occur throughout the commissioning process, NWMPHN recognises that working in this way adds value and strengthens our impact. The following stakeholders may be involved in prioritisation, planning, implementation, monitoring and evaluation of activities:

- NWMPHN regional and strategic partnerships and collaboratives
- Local Hospital Networks
- Hospital Emergency Departments
- General Practice
- Allied Health
- Community based organisations

- Research institutes
- Peak and professional bodies
- Victorian Department of Health
- Local government
- Other identified providers



Activity Milestone Details/Duration

Activity Start Date

30/03/2019

Activity End Date

29/06/2023

Service Delivery Start Date

1 July 2019

Service Delivery End Date

30 June 2023

Other Relevant Milestones

N/A



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

N/A

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 5200 - MH 5.2 Place Based Suicide Prevention Trials_AWP 21/22



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

5200

Activity Title *

MH 5.2 Place Based Suicide Prevention Trials_AWP 21/22

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 5: Community based suicide prevention activities

Other Program Key Priority Area Description**Aim of Activity ***

The aim of this activity is to ensure services are available, in primary care settings, to respond to individuals at risk of suicide and to provide follow up care and support following a suicide attempt.

Description of Activity *

Commissioning of evidence based services for people who have attempted, or are at risk of, suicide. This will include:

- Evidence based psychological therapies to provide timely support individuals at heightened risk of suicide or following a suicide attempt
- Postvention support and resources for people bereaved by suicide

Examples of services that will be commissioned include:

- Support after Suicide service
- CAREinMIND suicide prevention support service

Services will be integrated within a broader system based regional approach. NWMPHN will continue to review and evolve the activities to ensure they meet the needs of the community in a sustainable way. The approaches or mechanisms, i.e. enablers, that

may be used to implement this activity include: Digitally Enhanced Care Pathways, workforce development and quality improvement, health literacy, consumer participation and organisational governance and accountability.

Needs Assessment Priorities *

Needs Assessment

NWMPHN Needs Assessment 2019/20-2021/22_updated

Priorities

Priority	Page reference
Suicide prevention	88
Mental Health	83



Activity Demographics

Target Population Cohort

People who have attempted, or are at risk of, suicide and self harm. This includes people who may have been recently bereaved by suicide.

Improving and supporting Aboriginal and Torres Strait Islander health is a priority. NWMPHN has developed a Reconciliation Action Plan to support the engagement with and focus on our Aboriginal and Torres Strait Islander communities. NWMPHN also works with commissioned providers to support cultural competency in commissioned services.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

No

SA3 Name	SA3 Code
Macedon Ranges	21002
Brimbank	21301
Melton - Bacchus Marsh	21304



Activity Consultation and Collaboration

Consultation

NWMPHN utilises a range of mechanisms to facilitate consultation including Community Advisory and Clinical Councils. The NWMPHN Mental Health Expert Advisory Group has also been established with membership from peak organisations in Mental Health; Aboriginal Health; and Carers and Consumers, and other Expert Advisory Groups (AOD and suicide) and Taskforces (LGBTIQ+) also contribute to this activity.

Consumers and people with Lived Experience are core to the work we do. We seek opportunities for consumers and carers to be involved at all stages of commissioning including co-design to support genuine input in the design and development of services through to assessing the experience of consumers using the commissioned services.

NWMPHN also consults with existing service providers and the broader sector to understand the effectiveness and impact of commissioned services. Engagement with LHNs and hospital Emergency Departments will be a key focus.

Collaboration

Collaboration with stakeholders will occur throughout the commissioning process, NWMPHN recognises that working in this way adds value and strengthens our impact. The following stakeholders may be involved in prioritisation, planning, implementation, monitoring and evaluation of activities:

- NWMPHN regional and strategic partnerships and collaboratives
- Local Hospital Networks
- Hospital Emergency Departments
- General Practice
- Allied Health
- Community based organisations
- Research institutes
- Peak and professional bodies
- Victorian Department of Health
- Local government
- Other identified providers



Activity Milestone Details/Duration

Activity Start Date

30/03/2019

Activity End Date

29/06/2022

Service Delivery Start Date

1 July 2019

Service Delivery End Date

30 June 2022

Other Relevant Milestones

N/A



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: Yes
Continuing Service Provider / Contract Extension: No
Direct Engagement: No
Open Tender: No
Expression Of Interest (EOI): No
Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

Consumers and people with Lived Experience are core to the work we do. We seek opportunities for consumers and carers to be involved at all stages of commissioning including co-design to support genuine input in the design and development of services through to assessing the experience of consumers using the commissioned services.

Place Based Suicide Prevention trials are co-commissioned with The Victorian Government.

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 6100 - MH 6.1 Enhancing Aboriginal and Torres Strait Islander access to Mental Health_AWP 21/22



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

6100

Activity Title *

MH 6.1 Enhancing Aboriginal and Torres Strait Islander access to Mental Health_AWP 21/22

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 6: Aboriginal and Torres Strait Islander mental health services

Other Program Key Priority Area Description**Aim of Activity ***

The aim of this activity is to target the mental health needs of Aboriginal and Torres Strait Islander peoples.

Description of Activity *

This activity will commission a range of culturally appropriate initiatives to improve access and targeting of the mental health needs of Aboriginal and Torres Strait Islander peoples including:

- Commissioning of mental health services for Aboriginal people
- Workforce support of practitioners delivering services for Aboriginal people to ensure culturally safe practice
- Appropriate linkages with other services and supports including GPs, AOD services and Community Controlled Services

Examples of activities that will be commissioned will include:

- Supporting community controlled organisations to deliver culturally specific psychological therapies within a social emotional wellbeing framework
- Culturally appropriate services for Aboriginal and Torres Strait Islander youth with, or at risk of, severe mental illness

Services will be integrated within a broader system based regional approach. NWMPHN will continue to review and evolve the activities to ensure they meet the needs of the community in a sustainable way. The approaches or mechanisms, i.e. enablers, that

may be used to implement this activity include: Digitally Enhanced Care Pathways, workforce development and quality improvement, health literacy, consumer participation and organisational governance and accountability.

Needs Assessment Priorities *

Needs Assessment

NWMPHN Needs Assessment 2019/20-2021/22_updated

Priorities

Priority	Page reference
Chronic Conditions	90
Aboriginal Health	89



Activity Demographics

Target Population Cohort

Aboriginal and Torres Strait Islander people with mental health and wellbeing needs in the NWMPHN region.

In Scope AOD Treatment Type *

Indigenous Specific *

Yes

Indigenous Specific Comments

Improving and supporting Aboriginal and Torres Strait Islander health is a priority. NWMPHN has developed a Reconciliation Action Plan to support the engagement with and focus on our Aboriginal and Torres Strait Islander communities.

This activity will interface with the Aboriginal Health sector through the commissioning cycle and inform referral pathways and navigation between services. NWMPHN has a strong established relationship, including contracting activity, with the Victorian Aboriginal Health Service, the main Aboriginal Community Controlled Health Organisation in the region.

Coverage

Whole Region

Yes

SA3 Name	SA3 Code
Keilor	21001
Brunswick - Coburg	20601
Moreland - North	21003
Melbourne City	20604
Maribyrnong	21303
Darebin - South	20602
Tullamarine - Broadmeadows	21005
Macedon Ranges	21002
Wyndham	21305
Darebin - North	20902
Sunbury	21004
Hobsons Bay	21302
Essendon	20603
Yarra	20607
Brimbank	21301
Melton - Bacchus Marsh	21304



Activity Consultation and Collaboration

Consultation

NWMPHN utilises a range of mechanisms to facilitate consultation including Community Advisory and Clinical Councils. The NWMPHN Mental Health Expert Advisory Group has also been established with membership from peak organisations in Mental Health; Aboriginal Health; and Carers and Consumers, and other Expert Advisory Groups (AOD and suicide) and Taskforces (LGBTIQ+) also contribute to this activity.

Consumers and people with Lived Experience are core to the work we do. We seek opportunities for consumers and carers to be involved at all stages of commissioning including co-design to support genuine input in the design and development of services through to assessing the experience of consumers using the commissioned services.

NWMPHN also consults with existing service providers and the broader sector to understand the effectiveness and impact of issues and commissioned services.

Collaboration

Collaboration with stakeholders will occur throughout the commissioning process, NWMPHN recognises that working in this way adds value and strengthens our impact. The following stakeholders may be involved in prioritisation, planning, implementation, monitoring and evaluation of activities:

- NWMPHN regional and strategic partnerships and collaboratives
- Aboriginal Community Controlled Organisations
- Local Hospital Networks
- General Practice
- Allied Health
- Community based organisations

- Research institutes
- Peak and professional bodies
- Victorian Department of Health
- Local government
- Other identified providers



Activity Milestone Details/Duration

Activity Start Date

30/03/2019

Activity End Date

29/06/2023

Service Delivery Start Date

1 July 2019

Service Delivery End Date

30 June 2023

Other Relevant Milestones

N/A



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

NWMPHN utilises a range of strategies to engage Aboriginal led organisations and Aboriginal communities to inform the development of mental health and other services. This includes engagement to inform insights for commissioning across Mental Health, Suicide Prevention and AOD across the region.

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

Yes



MH - 7100 - MH 7.1 Enhancing the NWMPHN System of Care_AWP 21/22



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

7100

Activity Title *

MH 7.1 Enhancing the NWMPHN System of Care_AWP 21/22

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 7: Stepped care approach

Other Program Key Priority Area Description**Aim of Activity ***

The aim of this activity is to support the continued development, enhancement and monitoring of person centred care targeted at the needs of consumers and enabling matching of services and supports to meet individuals' needs leading to improved experience and outcomes.

Description of Activity *

The activity will focus on enabling stepped care including through:

- Building awareness and acceptability of stepped care services across the spectrum of intensity
- Development and enhancement of referral and assessment support tools, including through the referdirect™ system, to enable navigation to appropriate care and supports
- Strengthen integration and coordination approaches to support consumer centred service delivery approaches
- Enhancement of the PREMS and PROMS (You Said...™) system to enable consumer informed quality improvements
- Develop and implement standards for commissioned services including for culturally suitable practices for priority populations
- Workforce support and enablement for stepped care through training and understanding of tools and resources including HealthPathways
- Monitoring, reporting and evaluation of commissioned activities including those that interact with referdirect and CAREinMIND

Approaches will be integrated within a broader system based regional approach. The approaches or mechanisms, i.e. enablers, that may be used to implement this activity include: Digitally Enhanced Care Pathways, workforce development and quality improvement, health literacy, consumer participation and organisational governance and accountability.

Needs Assessment Priorities *

Needs Assessment

NWMPHN Needs Assessment 2019/20-2021/22_updated

Priorities

Priority	Page reference
Mental Health	83



Activity Demographics

Target Population Cohort

People experiencing, or at risk of, mental health issues and their natural supports.

Improving and supporting Aboriginal and Torres Strait Islander health is a priority. NWMPHN has developed a Reconciliation Action Plan to support the engagement with and focus on our Aboriginal and Torres Strait Islander communities. NWMPHN also works with commissioned providers to support cultural competency in commissioned services.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes

SA3 Name	SA3 Code
Keilor	21001
Brunswick - Coburg	20601
Moreland - North	21003
Melbourne City	20604
Maribyrnong	21303
Darebin - South	20602
Tullamarine - Broadmeadows	21005
Macedon Ranges	21002
Wyndham	21305
Darebin - North	20902
Sunbury	21004
Hobsons Bay	21302
Essendon	20603
Yarra	20607
Brimbank	21301
Melton - Bacchus Marsh	21304



Activity Consultation and Collaboration

Consultation

NWMPHN utilises a range of mechanisms to facilitate consultation including Community Advisory and Clinical Councils. The NWMPHN Mental Health Expert Advisory Group has also been established with membership from peak organisations in Mental Health; Aboriginal Health; and Carers and Consumers, and other Expert Advisory Groups (AOD and General Practice) and Taskforces (LGBTIQ+) also contribute to this activity.

Consumers and people with Lived Experience are core to the work we do. We seek opportunities for consumers and carers to be involved at all stages of commissioning including co-design to support genuine input in the design and development of services through to assessing the experience of consumers using the commissioned services.

NWMPHN also consults with existing service providers and the broader sector to understand the effectiveness and impact of issues and commissioned services.

Collaboration

Collaboration with stakeholders will occur throughout the commissioning process, NWMPHN recognises that working in this way adds value and strengthens our impact. The following stakeholders may be involved in prioritisation, planning, implementation, monitoring and evaluation of activities:

- NWMPHN regional and strategic partnerships and collaboratives
- Aboriginal Community Controlled Organisations
- Local Hospital Networks
- General Practice
- Allied Health
- Community based organisations

- Research institutes
- Peak and professional bodies
- Victorian Department of Health
- Local government
- Other identified providers



Activity Milestone Details/Duration

Activity Start Date

30/03/2019

Activity End Date

29/06/2023

Service Delivery Start Date

1 July 2019

Service Delivery End Date

30 June 2023

Other Relevant Milestones

N/A



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: Yes

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

N/A

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

No



MH - 8100 - MH 8.1 NWMPHN regional mental health, suicide prevention and AOD plan_AWP 21/22



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH

Activity Number *

8100

Activity Title *

MH 8.1 NWMPHN regional mental health, suicide prevention and AOD plan_AWP 21/22

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 8: Regional mental health and suicide prevention plan

Other Program Key Priority Area Description**Aim of Activity ***

The aim of the regional plan is to work collaboratively with Local Hospital Networks to jointly:

- Embed integration of mental health and suicide prevention (and AOD) pathways and services for people with or at risk of mental illness or suicide through a whole of system approach. (shorter term), and
- Build a platform to drive evidence-based service development to address identified gaps and deliver on regional priorities which have been developed in partnership with local communities. (longer term)

With the ultimate aim of influencing a service system that better meets the needs of people with, or at risk of, mental illness and their families/ supports of choice.

Description of Activity *

NWMPHN will continue to provide leadership in development of a plan for the region that engages key stakeholders including consumers, carers and Local Hospital Networks for joint regional planning through a design methodology to produce a mental health, suicide prevention and AOD plan.

With the foundation plan delivered in December 2020, a methodology to build on this and deliver the second phase of regional planning (an integration and joint investment plan) will be designed and implemented for the NWMPHN region. The approach will need to be cognizant of the changing landscape in Victoria resulting from the Royal Commission into Victoria's Mental Health System recommendations.

Needs Assessment Priorities *

Needs Assessment

NWMPHN Needs Assessment 2019/20-2021/22_updated

Priorities

Priority	Page reference
Alcohol and Other Drugs	82
Mental Health	83



Activity Demographics

Target Population Cohort

Whole of NWMPHN community. There is a particular focus on people, and their carers, who have mental illness; are at risk of mental illness, at risk of suicide, are bereaved by suicide.

Improving and supporting Aboriginal and Torres Strait Islander health is a priority. NWMPHN has developed a Reconciliation Action Plan to support the engagement with and focus on our Aboriginal and Torres Strait Islander communities. NWMPHN also works with commissioned providers to support cultural competency in commissioned services.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes

SA3 Name	SA3 Code
Keilor	21001
Brunswick - Coburg	20601
Moreland - North	21003
Melbourne City	20604
Maribyrnong	21303
Darebin - South	20602
Tullamarine - Broadmeadows	21005
Macedon Ranges	21002
Wyndham	21305
Darebin - North	20902
Sunbury	21004
Hobsons Bay	21302
Essendon	20603
Yarra	20607
Brimbank	21301
Melton - Bacchus Marsh	21304



Activity Consultation and Collaboration

Consultation

NWMPHN utilises a range of mechanisms to facilitate consultation including Community Advisory and Clinical Councils. The NWMPHN Mental Health Expert Advisory Group has also been established with membership from peak organisations in Mental Health; Aboriginal Health; and Carers and Consumers, and other Expert Advisory Groups (AOD and suicide) and Taskforces (LGBTIQ+) also contribute to this activity.

Consumers and people with Lived Experience are core to the work we do. We seek opportunities for consumers and carers to be involved at all stages of commissioning including co-design to support genuine input in the design and development of services through to assessing the experience of consumers using the commissioned services.

The voice of consumers has been prioritised in the development of this plan for the region. A reference group comprising peak bodies (consumer, carer, mental health and AOD sectors) has been formed along with a reference group of Local Hospital Networks who have a significant mental health role in the region to guide the plan development. Consultation has included over 700 community members and other stakeholders so far.

Collaboration

Collaboration with stakeholders will occur throughout the commissioning process, NWMPHN recognises that working in this way adds value and strengthens our impact. The following stakeholders may be involved in prioritisation, planning, implementation, monitoring and evaluation of activities:

- Regional plan reference groups
- NWMPHN regional and strategic partnerships and collaboratives
- Local Hospital Networks
- Consumers and carers representatives

- Aboriginal Community Controlled Organisations
 - General Practice
 - Allied Health
 - Community based organisations
 - Research institutes
 - Peak and professional bodies
 - Victorian Department of Health
 - Local government
 - Other identified providers
-



Activity Milestone Details/Duration

Activity Start Date

30/03/2019

Activity End Date

29/06/2022

Service Delivery Start Date

1 July 2020

Service Delivery End Date

30 June 2022

Other Relevant Milestones

An initial (foundation) plan was delivered in December 2020.



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): Yes

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

No

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

Consumers and people with Lived Experience are core to the work we do. We seek opportunities for consumers and carers to be involved at all stages of commissioning including co-design to support genuine input in the design and development of services through to assessing the experience of consumers using the commissioned services.

Is this activity in scope for data collection under the Mental Health National Minimum Dataset?

No



NSPT - 1 - NSPT - 1 - NATIONAL SUICIDE PREVENTION TRIAL_AWP 2021/22



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

NSPT

Activity Number *

1

Activity Title *

NSPT - 1 - NATIONAL SUICIDE PREVENTION TRIAL_AWP 2021/22

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Other (please provide details)

Other Program Key Priority Area Description

Mental Health - National Suicide Prevention Trial

Aim of Activity *

The aim of this activity is to build on engagement and learnings through the NWMPHN LGBTIQ+ taskforce:

- Continue the focus on a systems-based approach to the delivery of suicide preventions services and activities within the North Western Melbourne region
- Continue priority (service delivery) activity and consider sustainability options beyond 2020-21
- Continue to gather evidence and contribute to participate in relevant data collection and/or evaluation activities.

Description of Activity *

- Affirmative practice training- a targeted approach to mental health and suicide prevention services to ensure services are accessible and a safe space for LGBTIQ+ people and those who support them
- Individual mentorship- a cross-generational approach to providing LGBTIQ+ people at periods of vulnerability (such as coming out or transitioning) with a mentor
- Family mentorship- an approach to providing families of LGBTILGBTIQ++ people who require assistance in supporting their LGBTIQ+ loved one with mentorship and support
- Aftercare- follow up of a person presenting to health care services following either a suicide attempt or with suicidal ideation.
- Development of a postvention plan for the LGBTIQ+ community and community organisations

- Community based training to enhance the capacity of community members in the North Western Melbourne region to assess for and respond to suicide risk. This includes a range of evidence-based training including: QPR (Question, Persuade, Refer); ASIST and Safetalk.
- Community awareness campaigns to improve the mental health and wellbeing of LGBTIQ+ people

Needs Assessment Priorities *

Needs Assessment

NWMPHN Needs Assessment 2019/20-2021/22_updated

Priorities

Priority	Page reference
Suicide prevention	88



Activity Demographics

Target Population Cohort

LGBTIQ+ community

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes

SA3 Name	SA3 Code
Keilor	21001
Brunswick - Coburg	20601
Moreland - North	21003
Melbourne City	20604
Maribyrnong	21303
Darebin - South	20602
Tullamarine - Broadmeadows	21005
Macedon Ranges	21002
Wyndham	21305
Darebin - North	20902
Sunbury	21004
Hobsons Bay	21302
Essendon	20603
Yarra	20607
Brimbank	21301
Melton - Bacchus Marsh	21304



Activity Consultation and Collaboration

Consultation

NWMPHN utilises a range of mechanisms to facilitate consultation including Community Advisory and Clinical Councils. The NWMPHN Mental Health Expert Advisory Group has also been established with membership from peak organisations in Mental Health; Aboriginal Health; and Carers and Consumers, and other Expert Advisory Groups (AOD and General Practice).

An LGBTIQ+ Taskforce formed to inform and guide this activity provides a platform for engagement with specific LLGBTIQ+ communities and the broader sector.

Consumers and people with Lived Experience are core to the work we do. We seek opportunities for consumers and carers to be involved at all stages of commissioning including co-design to support genuine input in the design and development of services through to assessing the experience of consumers using the commissioned services.

NWMPHN also consults with existing service providers and the broader sector to understand the effectiveness and impact of issues and commissioned services.

Collaboration

Collaboration with stakeholders will occur throughout the commissioning process, NWMPHN recognises that working in this way adds value and strengthens our impact. The following stakeholders may be involved in prioritisation, planning, implementation, monitoring and evaluation of activities:

- NWMPHN regional and strategic partnerships and collaboratives
- Aboriginal Community Controlled Organisations
- Local Hospital Networks
- General Practice

- Allied Health
- Community based organisations
- Research institutes
- Peak and professional bodies
- Victorian Department of Health
- Local government
- Other identified providers



Activity Milestone Details/Duration

Activity Start Date

30/06/2020

Activity End Date

30/12/2021

Service Delivery Start Date

01/07/2020

Service Delivery End Date

31/12/2021

Other Relevant Milestones

N/A



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: Yes

Direct Engagement: Yes

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Yes

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

Co-design with participation from members of the LGBTIQ+ community, and representatives of the LGBTIQ+ taskforce.

Further details outlined in the NSPT AWP



MH-Op - 1000 - Mental Health Operational_AWP 21/22



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH-Op

Activity Number *

1000

Activity Title *

Mental Health Operational_AWP 21/22

Existing, Modified or New Activity *

Existing



Activity Priorities and Description

Program Key Priority Area *

Other Program Key Priority Area Description

Aim of Activity *

Description of Activity *

Needs Assessment Priorities *

Needs Assessment

Priorities



Activity Demographics

Target Population Cohort

In Scope AOD Treatment Type *

Indigenous Specific *

Indigenous Specific Comments

Coverage

Whole Region



Activity Consultation and Collaboration

Consultation

Collaboration



Activity Milestone Details/Duration

Activity Start Date

Activity End Date

Service Delivery Start Date

Service Delivery End Date

Other Relevant Milestones



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: No

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

Is this activity the result of a previous co-design process?

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

Has this activity previously been co-commissioned or joint-commissioned?

Decommissioning

Decommissioning details?

Co-design or co-commissioning comments



MH-CV19 - 1 - Additional Mental Health Support for Victorians – Mental Health Clinics_AWP 21/22



Activity Metadata

Applicable Schedule *

Primary Mental Health Care

Activity Prefix *

MH-CV19

Activity Number *

1

Activity Title *

Additional Mental Health Support for Victorians – Mental Health Clinics_AWP 21/22

Existing, Modified or New Activity *

New Activity



Activity Priorities and Description

Program Key Priority Area *

Mental Health Priority Area 3: Psychological therapies for rural and remote, under-served and / or hard to reach groups

Other Program Key Priority Area Description**Aim of Activity ***

The aim of this activity, as part of a stepped care approach, is enable Victorians to urgently access mental health care in response to a surge in demand for mental health services because of the Covid-19 pandemic. Service access will be targeted towards people directly impacted by Covid-19, community members experiencing mental distress and people experiencing an escalation of existing mental health issues due to the pandemic.

Description of Activity *

NWMPHN will commission three mental health clinics (HeadtoHelp hubs) that:

- are targeted at moderate to severe intensity mental health needs of people in Victoria impacted by the Covid-19 pandemic, or otherwise higher risk population groups;
- employ a multidisciplinary team of up to 7FTE mental health clinicians per clinic;
- are integrated with other Victorian clinics and are supported by a centralised intake function;
- supports an integrated, holistic response based on assessed need;
- are delivered within a stepped care approach and are accessible;
- provide evidence based psychological interventions to people across the lifespan;
- provide culturally safe mental health services for vulnerable populations including culturally and linguistically diverse

communities;

- are delivered by appropriately trained and qualified mental health professionals within their scope of practice;
- promote partnerships with GPs, consumers, and other health professionals or stakeholders to support coordinated care to meet the needs of underserved groups;
- support continuity of care through linkage with GPs and ensuring care is transitioned, as indicated, within a stepped care context;
- use a range of modalities for delivery of care including face to face, group based or telephone and internet based services to enable access;
- promote continuous improvement through the utilisation of qualitative and quantitative consumer data (including consumer self-reported experience and outcome measures).

Examples of activities that will be commissioned include:

- 3 mental health clinics(HeadtoHelp hubs)
- a central intake service to refer people to appropriate stepped care services including the HeadtoHelp hubs

NWMPHN will continue to review and evolve the activities to ensure they continue to meet the needs of the community in a sustainable way. The approaches or mechanisms, i.e. enablers, that may be used to implement this activity include: Digitally Enhanced Care Pathways, workforce development and quality improvement, system integration, health literacy, consumer participation and organisational governance and accountability.

Needs Assessment Priorities *

Needs Assessment

NWMPHN Needs Assessment 2019/20-2021/22_updated

Priorities

Priority	Page reference
Mental Health	83



Activity Demographics

Target Population Cohort

Underserved groups, those impacted by Covid-19, those unable to afford services elsewhere and from vulnerable communities of need - children, youth, Aboriginal and Torres Strait Islander, Culturally and Linguistically Diverse, refugee and asylum seekers, family violence, homeless and LGBTI+, older adults and new parents who are experiencing mild, moderate or severe mental illness across the North Western Melbourne region.

Improving and supporting Aboriginal and Torres Strait Islander health is a priority. NWMPHN has developed a Reconciliation Action Plan to support the engagement with and focus on our Aboriginal and Torres Strait Islander communities. NWMPHN also works with commissioned providers to support cultural competency in commissioned services.

In Scope AOD Treatment Type *

Indigenous Specific *

No

Indigenous Specific Comments

Coverage

Whole Region

Yes



Activity Consultation and Collaboration

Consultation

NWMPHN utilises a range of mechanisms to facilitate consultation including Community Advisory and Clinical Councils. The NWMPHN Mental Health Expert Advisory Group has also been established with membership from peak organisations in Mental Health; Aboriginal Health; and Carers and Consumers, and other Expert Advisory Groups (AOD and suicide) and Taskforces (LGBTIQ) also contribute to this activity. This activity was developed in collaboration with all PHNs across Victoria to ensure service alignment for all Victorians access support via the mental health clinics.

Consumers and people with Lived Experience are core to the work we do. We seek opportunities for consumers and carers to be involved at all stages of commissioning including co-design to support genuine input in the design and development of services through to assessing the experience of consumers using the commissioned services.

NWMPHN also consults with existing service providers and the broader sector to understand the effectiveness and impact of commissioned services.

Collaboration

Collaboration with stakeholders will occur throughout the commissioning process, NWMPHN recognises that working in this way adds value and strengthens our impact. The following stakeholders may be involved in prioritisation, planning, implementation, monitoring and evaluation of activities:

- NWMPHN regional and strategic partnerships and collaboratives
 - Other Victorian PHNs
 - Local Hospital Networks
 - Community Health Services
 - General Practice
 - Residential Aged Care Facilities
 - Allied Health
 - Community based organisations
 - Research institutes
 - Peak and professional bodies
 - Victorian Department of Health and Human Services
 - Victorian Department of Education and Training
 - Child and youth specific mental health services
 - Local government
 - Other identified providers
-



Activity Milestone Details/Duration

Activity Start Date

13/09/2020

Activity End Date

30/12/2021

Service Delivery Start Date

14 September 2020

Service Delivery End Date

14 September 2021

Other Relevant Milestones

N/A



Activity Commissioning

Please identify your intended procurement approach for commissioning services under this activity:

Not Yet Known: No

Continuing Service Provider / Contract Extension: No

Direct Engagement: No

Open Tender: Yes

Expression Of Interest (EOI): No

Other Approach (please provide details): No

Is this activity being co-designed?

No

Is this activity the result of a previous co-design process?

Yes

Do you plan to implement this Activity using co-commissioning or joint-commissioning arrangements?

No

Has this activity previously been co-commissioned or joint-commissioned?

No

Decommissioning

No

Decommissioning details?

N/A

Co-design or co-commissioning comments

N/A

