

Home Medicines Review for Aboriginal and Torres Strait Islander Care-Coordinators or Outreach Workers

How a Home Medicines Review can help your clients

- Learn more about their medicines. For example, what they do and the best time to take them.
- Identify any possible side effects or interactions.
- Identify any medicines that they no longer need.

What happens - your role as a care-coordinator

- Speak to your client's doctor about referring your client for a HMR. Information for doctors is [here](#) or go to: www.health.gov.au and search "medication management reviews".
- Your client's doctor sends you (the care-coordinator/ outreach worker) a HMR referral.
- You (the care-coordinator/ outreach worker) contacts your client's choice of regular pharmacist, or a HMR pharmacist. Find a HMR pharmacist [here](#) or go to: aacp.com.au/find-accredited-pharmacist-advanced/
- You (the care-coordinator/ outreach worker) arranges a suitable time for the pharmacist to meet with your client at their home. If your client prefers, you or your client's outreach worker can attend the visit.
- At the visit the pharmacist will help your client with their medicines and medical devices (inhalers, blood pressure monitors and blood glucose monitors).
- The pharmacist will send a report to your client's doctor.
- Your client will then meet with you and their doctor to discuss the report.
- Your client's doctor will develop a medicines plan. This will be shared with your client's regular pharmacist.

A Home Medicines Review may be appropriate for your client if they:

- take five or more medicines; or
- take more than 12 doses of medicines per day; or
- have had changes to their medicines in the last three months; or
- take medicines that need monitoring; or
- are suffering a side effect; or
- are worried their medicines are not working; or
- find it difficult to manage their tablets; or
- see more than one doctor; or
- have been discharged from hospital in the last four weeks.

A Home Medicines Review (HMR) helps people manage their medicines with their care-coordinator, outreach worker, doctor and pharmacist.

More information

A Home Medicines Review is free. It is covered by Medicare.

The visit with the pharmacist will take about 45 minutes

The visit is usually at home, so the pharmacist can check the storage of all your client's medicines. However, if preferred the pharmacist can meet somewhere else. This could be at an Aboriginal health service or in a park.

Meeting outside of the home requires prior approval using the [Prior-Approval-Request-for-HMR-Interview-Outside-the-Patients-Home_Aug2017.pdf](#) form from 6cpa.com.au