

## MBS item number 900 – Information for General Practitioners

*A Domiciliary Medication Management Review (DMMR), also known as a Home Medicines Review (HMR), is a collaborative medication review for people living in the community.*

DMMR is intended to maximise an individual patient's benefit from their medication regimen and prevent medication-related problems through a team approach. This involves the patient, their GP and their preferred community pharmacy or an accredited pharmacist.

### What is the role of the GP in the DMMR?

To provide a DMMR service, a GP must assess the patient as having a chronic condition or a complex medication regimen; and not having their therapeutic goals met. Then

- obtain consent from the patient;
- refer the patient to their preferred community pharmacy or an accredited pharmacist, using the form (see link below); and
- provide relevant information (diagnosis, test results, medication history, current prescribed medications).

The reviewing pharmacist will visit the patient and then discuss the results of the DMMR with the GP, including suggested management strategies.

Following discussion with the patient, the GP must develop a written plan, identifying medication management goals and the proposed medication regimen for the patient.

The GP must provide a copy of this plan to a community pharmacy chosen by the patient.

### Claiming item 900

A DMMR includes all related services provided by the GP, from the time the patient is identified as needing a review, to the preparation of a draft medication management plan, and discussion and agreement with the patient. The benefit is not claimable until all these components have been completed (that is, after the second patient consultation).

### Who can provide a DMMR?

The patient's usual medical practitioner.

### Who is eligible for a DMMR?

Patients living in the community, for who quality use of medicines may be an issue, including:

- currently taking five or more regular medications; or
- taking more than 12 doses of medication per day; or
- have had significant changes made to medication treatment regimen in the last three months; or
- taking medication with a narrow therapeutic index or medications requiring therapeutic monitoring; or
- experiencing symptoms suggestive of an adverse drug reaction; or
- displaying sub-optimal response to treatment with medicines; or
- suspected of non-compliance or inability to manage related therapeutic devices; or
- having difficulty because of literacy or language difficulties, dexterity problems or impaired sight, confusion/dementia or other cognitive difficulties; or
- attending a number of different doctors, both general practitioners and specialists; and/or
- recently discharged from a facility/hospital (in the last four weeks).

Go to: [www.health.gov.au](http://www.health.gov.au) and search "medication management reviews" for:

[Sample DMMR referral form](#); [Sample DMMR plan](#); [MBS Item 900](#)

To find an accredited pharmacist: contact your local pharmacy or go to AACP:

<https://aacp.com.au/find-accredited-pharmacist-advanced/>

Or see the list at:

[https://www.shpa.org.au/sites/default/files/uploaded-content/website-content/Fact-sheets-position-statements/46\\_find\\_an\\_accredited\\_pharmacist.pdf](https://www.shpa.org.au/sites/default/files/uploaded-content/website-content/Fact-sheets-position-statements/46_find_an_accredited_pharmacist.pdf)