This clinic is working to prevent antibiotic resistance.

## Doctors will only provide antibiotics when appropriate

## You can help too!





2



Prevent infections by washing your hands and keeping up to date with vaccinations.

Avoid food poisoning by washing fruits and vegetables and cooking food properly.





Antibiotics may not be

appropriate every time

you are sick. Ask your doctor about other ways

to help you feel better.





Only take antibiotics when they are for you. Do not use or share leftover antibiotics.





When you are given antibiotics follow your doctor's advice. For example, taking antibiotics for the number of days advised.





Return any leftover antibiotics to your pharmacy.

