



HeadtoHelp

Locations in Victoria

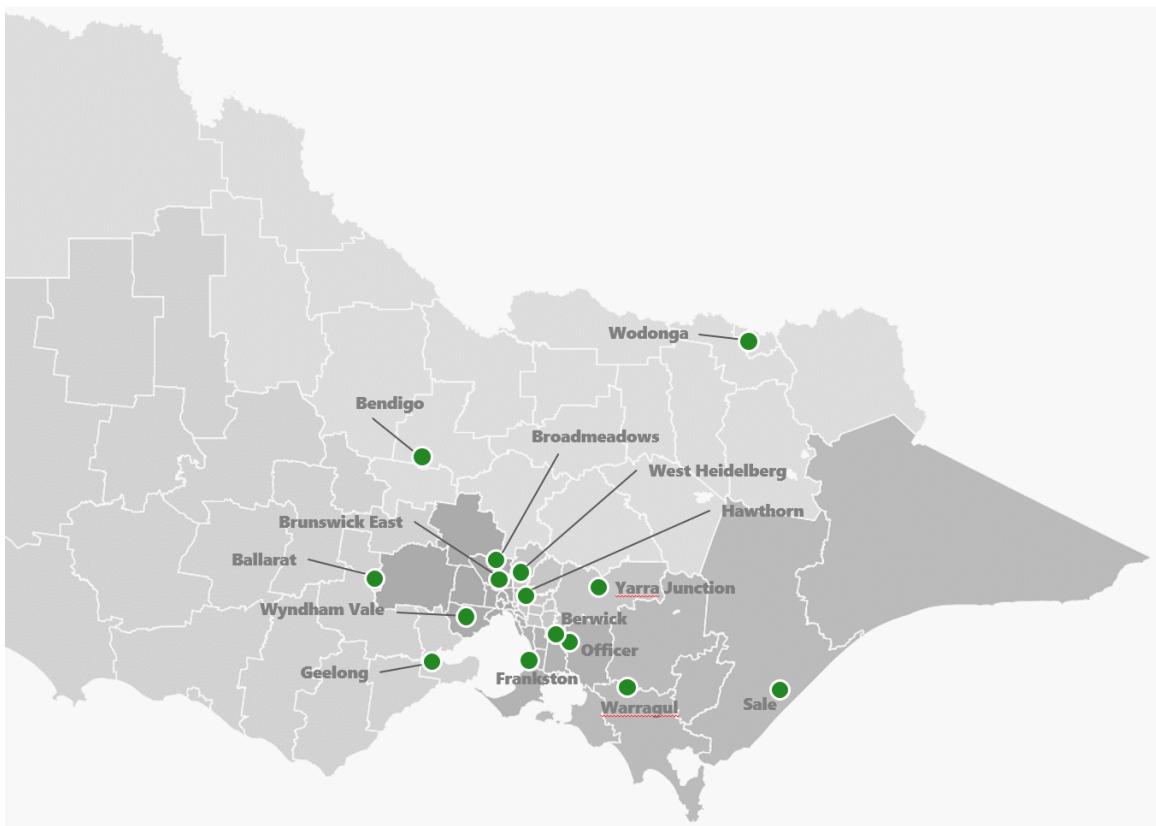
 **1800 595 212**

There are 15 HeadtoHelp hubs across the state.

HeadtoHelp supports Victorians of all ages. Take the first steps towards finding the mental health and wellbeing support that's best for you.

Opening hours:

This is not a crisis service.
Hub and phone services will operate during business hours.
8.30am to 5pm
Monday to Friday



Eastern Melbourne

Hawthorn
West Heidelberg
Yarra Junction

Gippsland

Sale
Warragul

North Western Melbourne

Broadmeadows
Brunswick East
Wyndham Vale

Murray

Bendigo
Wodonga

South Eastern Melbourne

Berwick
Frankston
Officer

Western Victoria

Ballarat
Geelong

We acknowledge the traditional owners of the land on which we work and live. We pay our respects to their Elders past, present and emerging, and extend that respect to all Aboriginal and Torres Strait Islander people. We also recognise, respect and affirm the role played in our work by people with lived experience their families and carers.

HeadtoHelp is a collaborative partnership of the Victorian Primary Health Networks, and an Australian Government initiative.



Australian Government

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An Australian Government Initiative