



HALT FRIENDLY GP AND PSYCHOLOGY CLINICS

In 2019 Hope Assistance Local Tradies (HALT) launched the HALT-Friendly Clinic programme in Victoria. The first of its kind, the programme links tradespeople (blue-collar workers), with GP and psychologist clinics that have a specific interest in suicide-prevention and men's health.

WHAT IS HALT?

HALT is a national grass-roots suicide prevention charity. 'Save Your Bacon' brekkies and other events across Australia, are held to remind tradies that they are valued by their community and to raise awareness of mental health. Tradies are encouraged to help out their mates if they are struggling and are provided with information on how and where they can get support if they need it.

HOW DO WE SIGN UP?

If you're interested in finding out more information or signing up to become a HALT-Friendly Clinic get in touch with your local HALT worker today.

-  halt.org.au
-  nwm@halt.org.au
-  Tom Kenneally 0427 718 020
-  [instagram.com/haltaustralia/](https://www.instagram.com/haltaustralia/)
-  twitter.com/JezForbes
-  [facebook.com/hopeassistancelocaltradies](https://www.facebook.com/hopeassistancelocaltradies)

WHY BECOME A HALT-FRIENDLY CLINIC?

If you are a general practice or psychology clinic (or group of clinics) in Victoria, you can become a HALT-Friendly Clinic to:

- Show your community that your practice is committed to suicide prevention and improving the mental health of your patients.
- Provide a safe space for tradies to overcome their reluctance to seek mental health support.
- Raise the profile of your clinic or practice by highlighting your interest and expertise in mental health.
- Promote your practice as a HALT-Friendly Clinic and have the potential to increase your patient base.

ALL YOU NEED TO DO IS

- Support the important work of HALT's suicide prevention programme.
- Ensure staff at your clinic are committed to developing their knowledge and training in men's health and mental wellbeing.
- Be willing to attend and support tradies at local HALT events.
- Provide support as needed, for tradies that have attended HALT events.

WE'LL PROVIDE YOU WITH A RANGE OF RESOURCES

- CONSTANT COMPANION Wallet Cards to provide tradies with the information they need to seek advice and gain support if they need it.
- HALT-Friendly Clinic stickers to be displayed in your practice.
- HALT information brochures to be displayed in your waiting room.

