



**Merri Health**

Healthcare that moves with you

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# Stepped Care for Older Adults

Tailored mental and  
physical wellbeing  
services for people  
65 and over\*


\*50 and over for Aboriginal and  
Torres Strait Islander people



**Aged care**

Part of your **Merri Health** network

[www.merrihealth.org.au](http://www.merrihealth.org.au)



## Free individualised support to help older people meet their wellbeing goals.

Stepped Care offer:

- > Mental and physical health assessment and support
- > Health coaching
- > Tailored referrals to other community services
- > Home visits

You will have access to a variety of health professionals for complete care.

## Contact the team



1300 637 744



service.access@merrihealth.org.au



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## Aged care

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