Integrating Osteoporosis in Primary Care: The Osteoporosis Risk and Management (ORMA) Project

Would you like to enhance detection and improve management of osteoporosis in older adults? If so, this quality improvement activity commencing in February 2020 can help.

Background

The Australian Institute of Musculoskeletal Science (AIMSS) in partnership with the Melbourne Academic Centre for Health, University of Melbourne and North Western Melbourne Primary Health Network (NWMPHN) invites general practices to be part of the **O**steoporosis **R**isk and **Ma**nagement (ORMA) Project. Successful applicants will engage in a continuous quality improvement activity that will assist practices to improve patient care and contribute to the requirements of the Practice Incentives Program Quality Improvement (PIP QI) Incentive.

Aims

* Increase the proportion of patients identified with osteoporosis risk factors (primary prevention).
* Increase the proportion of patients tested for osteoporosis.
* Increase the proportion of patients with a documented diagnosis of osteoporosis.
* Increase the proportion of patients meeting the recommended guidelines for disease treatment (secondary prevention).

**Your practice will receive**

* Access PEN CAT’s exclusive new Osteoporosis module to facilitate detection of patients at risk and improve disease management during participation in the study.
* Clinical support and continuous education and training including access to a hotline, website, webinars delivered by Western Health specialist and written material (by Osteoporosis Australia).
* Access to CPD workshops.
* In practice QI support provided by PHN to implement your quality improvement activities.
* Opportunities to share your practice improvement strategies, successes and barriers of the project with other practices.
* Report at the completion of the project demonstrating the changes between pre and post implementation.

Benefits of your practice participating

* Improved patient outcomes by screening for osteoporosis.
* Improved patient outcomes by ensuring best practice management of osteoporosis as per RACGP guidelines.
* Promote and maintain a culture of quality learning in your practice.
* Enhance patient centered strategies in your practice.

Practice participation requirements

**All general practices that participate in the project will be required to:**

* Provide protected time for staff to participate in:
  + Project activities.
  + Participate in one-hour project introduction session.
  + Allow the extraction of the non-identifiable data by the ORMA project officer every four weeks during the six months of participation.
  + Completion of the post-implementation survey by general practitioners.
  + Completion of reporting and evaluation requirements to NWMPHN.
* Allow the activation of CAT-Osteoporosis module on your practice computers for up to 10 months.
* Share learnings, achievements, successes and barriers with other practices.

**Practice eligibility criteria**

**To be eligible for the ORMA Project general practices must:**

* Be located within the NWMPHN catchment area.
* Have Pen CS installed.
* Not be currently engaged in other projects to improve osteoporosis management or using other software tools to assist, for example: REFRAME.
* Have not adopted a quality improvement initiative for their patients with osteoporosis in the last 12 months.
* Have a clinical and billing system that is compatible with PEN CAT (Medical Director, Best Practice, Zedmed).

**How to apply and more information**

Further information is available in the information sheet attached to this application.

**Complete the application form and return by email to:**

Jessica Holman

Manager Primary Care

North Western Melbourne Primary Health Network

**P**: 03 9347 1188

**E:** [jessica.holman@nwmphn.org.au](mailto:jessica.holman@nwmphn.org.au)

**Approximate timelines and activities**

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| **Activity** | **Date** |
| Applications open | **Upon ethics approval** |
| Applications close | 22 November 2019 |
| Practices selected by project selection panel | 29 November 2019 |
| General practices applicants notified | December 2019 |
| Orientation session with practices | December 2019 |
| Practices enrolled/pre-implementation | February – March 2020 |
| Baseline data collection | February – March 2020 |
| CAT – Osteoporosis activation by PenCS/Implementation | March – April 2020 |
| Training workshops | March – April 2020 |
| Monthly data extractions | February – September 2020 |
| Quality Improvement Activity | February – September 2020 |
| Project evaluation period | October – December 2020 |

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| ABOUT PHNs  Funded by the Commonwealth Department of Health, Primary Health Networks (PHN’s) began operation on 1 July 2015 and are responsible for coordinating primary health care and facilitating improved health outcomes in their local community. Melbourne Primary Care Network operates the North Western Melbourne Primary Health Network (NWMPHN). |

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| ABOUT AIMSS  The Australian Institute for Musculoskeletal Sciences (AMISS) was created as a platform to bring researches closer to improve the health and wellbeing of the population through innovative and integrative musculoskeletal research and advocacy. AIMSS mission is to integrate high quality multi-disciplinary and translational research on ageing and musculoskeletal disease with the community. |

*This research is supported by the Medical Research Future Fund’s Rapid Applied Research Translation program in conjunction with the Melbourne Academic Centre for Health.*

We acknowledge the peoples of the Kulin nation as the Traditional Owners of the land on which our work in the community takes place. We pay our respects to their Elders past and present.



EXPRESSION OF INTEREST: Application

Integrating Osteoporosis in Primary Care: The Osteoporosis Risk and Management (ORMA) Project

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| **PLEASE COMPLETE YOUR GENERAL PRACTICE DETAILS** | |
| NAME OF GENERAL PRACTICE: | |
| PROJECT LEAD CONTACT PERSON: | |
| CONTACT PHONE: | CONTACT FAX: |
| PRACTICE ADDRESS: | |
| CONTACT EMAIL: | |

|  |  |
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| **INCLUSION CRITERIA CHECKLIST** | |
| Are you able to provide protected time for staff/clinicians to participant in the project? | **Yes**  **No** |
| Are you able to provide time for general practice orientation to be held November – December 2019? | **Yes**  **No** |
| Allow the extraction of monthly data performed by the project officer | **Yes**  **No** |
| Able to provide protected time for staff completing the post-implementation survey | **Yes**  **No** |
| Allow the activation of CAT-Osteoporosis for six months. | **Yes**  **No** |
| Software compatible with PEN | **Yes**  **No** |

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| **GENERAL PRACTICE CHARACTERISTICS** | |
| WHAT IS THE NUMBER OF PATIENTS SEEN AT YOUR PRACTICE? | |
| WHAT IS THE GENDER RATIO? | WHAT IS THE ESTIMATED EFT? |
| WHAT OTHER SERVICES DO YOU OFFER? | |
| PLEASE NOMINATE WHO IN THE PRACTICE WOULD BE INVOLVED: | |
| WHY DO GPS INVOLVED WANT TO PARTICIPATE? | |
| **Additional comments** | |
| **Please provide any additional information to support your application** | |

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