

Appendix 10: The Model for Improvement Template

The Model for Improvement is a tool for developing, testing and implementing change.

The Model consists of two parts that are of equal importance:

1. The **'thinking part'** consists of The 3 Fundamental Questions that are essential for guiding your improvement work.
2. The **'doing'/'testing'** part is made up of Plan, Do, Study, Act (PDSA) cycles that will help you test and implement change.

This guide will take you through the following steps:

Step 1: The 3 Fundamental Questions

Step 2: PDSA Cycle

Step 1: The 3 Fundamental Questions

1. What are we trying accomplish?

By answering this question, you will develop your **GOAL** for improvement

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2. How will we know that a change is an improvement?

By answering this question, you will develop your **MEASURES** to track the achievement of your goal

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3. What changes can we make that will lead to an improvement? - list your small steps/ideas

By answering this question, you will develop the **IDEAS** that you can test to achieve your goal

Idea 1:

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Idea 2:

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Other Ideas:

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Step 2: Plan-Do-Study-Act cycle

You will have noted your IDEAS for testing when you answered the third fundamental question in Step 1.
You will use this sheet to test an idea.

Idea

Describe the idea you are testing: refer to the 3rd Fundamental Question

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PDSA cycle number: _____

Plan

What exactly will you do? Include what, who, when, where, predictions & data to be collected.

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Do

Was the plan executed? Document any unexpected events or problems.

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Study

Record, analyse and reflect on the results.

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Act

What will you take forward from this cycle? (What is your next step/PDSA cycle?)

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Repeat Step 2 for other ideas

PDSA Cycle Planning Sheet

This is only the **'Plan'** part of your PDSA cycle, you will need to implement the plan before completing the 'Do', 'Study' & 'Act' parts.

Describe the idea you are testing: refer to the third fundamental question 'What changes can you make that will result in an improvement?'

What exactly will you do?

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Who will carry out the plan?

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When will it take place? (specify a date)

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Where will it take place? (please circle)

Health Service Other

Other (please specify):

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What do you predict will happen?

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What data/information will you collect to know whether there is an improvement?

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