

Collaborative Assessment and Management of Suicidality Training

8 MAY 2019: FACE-TO-FACE TRAINING

Expressions of Interest sought from mental health clinicians providing therapeutic services within the communities of Melton, Brimbank and Macedon Ranges.

Background

North Western Melbourne Primary Health Network (NWMPHN) is inviting accredited mental health clinicians operating in the local government areas (LGAs) of Melton, Brimbank and Macedon Ranges to participate in **free** Collaborative Assessment and Management of Suicidality (CAMS) training.

This is a unique opportunity to participate in training with the US-based CAMS trainers as part of place-based suicide prevention trials in the three LGAs listed above. This is the only CAMS program with a face-to-face program to be delivered in Victoria and is being offered to enhance the skills of local clinicians in the assessment and treatment of people who experience suicidality.

What is CAMS?

CAMS is a flexible therapeutic framework that equips mental health professionals with the skills to work collaboratively with patients to assess suicidal risk, and to plan and manage suicide-specific, patient-centred treatment. More information about the CAMS framework can be found here: cams-care.com/about-cams





Who is CAMS suitable for?

CAMS advanced training is suitable for accredited mental health professionals and trainees working under sufficient supervision. These people may include:

- Psychologists
- Psychiatrists
- Counsellors
- Nurses (mental health)
- Social workers (mental health)
- GPs with special interest in mental health

What is involved?

Training in CAMS involves three components including a source text (manual), an online video course, a face-to-face training workshop and a minimum of three follow-up consultation calls.

CAMS online training

The online video course (three hours total) comprises an overview of CAMS theory and practice and a demonstration of the 12 sessions of treatment with CAMS from initial patient screening through to resolution. This component is to be completed in advance of the face-to-face training.

CAMS one-day face-to-face program

Date: Wednesday, 8 May 2019

Time: 8:30am – 4:45pm

Venue: Victorian University Convention Centre

Gate 1, 460 Ballarat Road

Sunshine, Victoria, 3020

The face-to-face training enhances the learning gained through the online training module. The workshop works through the content of the online training video course, while allowing for more interactive discussion, skills practice, role-play and demonstration, as well as greater flexibility to ensure particular points of interest are thoroughly unpacked and explored with the group.

Conference calls

Training will include three follow-up group teleconference support calls (one hour per call) with a US-based CAMS trainer. These sessions will provide an opportunity for support and advice around clinical or practical application of the CAMS framework.

CAMS manual

All participants will receive the CAMS source text *Managing Suicide Risk: A Collaborative Approach (2nd Edition)*, which is available as a paperback or e-book. This text provides a manual for utilising the CAMS framework in assessment, planning and treatment of suicidality.

How to apply

If you are interested in participating in this training and able to commit to all three elements please complete the attached Expression of Interest Form and return to Billye Selwood-Thomas at billye.selwood-thomas@nwmpnh.org.au.

Don't delay, places are limited to 35 and will be allocated in accordance with suitability and in order of receipt.

For more information contact:

Melissa Knight
Suicide Prevention & Intervention Coordinator
North Western Melbourne Primary Health Network
Phone: 03 9347 1188
Email: Melissa.knight@nwmpnh.org.au

ABOUT PHNs

Funded by the Commonwealth Department of Health, Primary Health Networks (PHN's) began operation on 1 July 2015 and are responsible for coordinating primary health care and facilitating improved health outcomes in their local community. Melbourne Primary Care Network operates the North Western Melbourne Primary Health Network (NWMPHN).

We acknowledge the peoples of the Kulin nation as the Traditional Owners of the land on which our work in the community takes place. We pay our respects to their Elders past and present.



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EXPRESSION OF INTEREST: Application

Collaborative Assessment and Management of Suicidality Training

Applicant's name:		
<input type="checkbox"/> Psychologist	<input type="checkbox"/> Nurse (mental health)	<input type="checkbox"/> Mental health social worker
<input type="checkbox"/> Psychiatrist	<input type="checkbox"/> Counsellor	<input type="checkbox"/> GP with special interest
Name of practice:		
Practice address:		
Contact details:	Phone:	Email:
Eligibility		
You must be able to tick each of these boxes to be eligible to nominate:		
<input type="checkbox"/> Current provider of therapeutic services in the communities of Melton, Brimbank or Macedon Ranges		
<input type="checkbox"/> Working regularly with people who experience suicidality		
<input type="checkbox"/> Committed to undertake all three elements of the training		
Expression of Interest questions		
1. Are you a provider of specialist suicide prevention services? If so, please specify:	<input type="checkbox"/> Yes <input type="checkbox"/> No	
2. Are you a current provider of services contracted by NWMPHN? If so, please specify which ones:	<input type="checkbox"/> Yes <input type="checkbox"/> No	
3. Is your participation in this training endorsed by your organisation?	<input type="checkbox"/> Yes <input type="checkbox"/> No	