



Sons of the West is a **FREE** and **FUN** men's health program

- **LEARN** more about your **HEALTH** in a safe, inclusive space
- Make **FRIENDS** for life
- Try **FUN** new types of **PHYSICAL ACTIVITY**

To register for Sons of the West please visit sonsofthewest.org.au

For more information please email info@sonsofthewest.com.au, phone 03 9680 6355 or visit sonsofthewest.org.au

HOBSONS BAY CITY COUNCIL



Newport

Tuesday evenings, 7pm to 9pm
Commencing April 30, 2019
Newport Community Hub
13 Mason Street, Newport 3015

Laverton

Thursday evenings, 7pm to 9pm
Commencing May 2, 2019
Laverton Community Hub
95 Railway Avenue, Laverton 3028





WELCOME स्वागतम् chào mừng
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Locations

Ballarat

Suburb	Day/time	Commencing	Address
Wendouree	Mon 7pm-9pm	29th April 2019	Webbcona Bowls Club 996 Grevillea Road, Wendouree 3355
Sebastopol	Wed 7pm-9pm	1st May 2019	Phoenix P-12 Community College - Sebastopol Campus Hertford Street, Sebastopol 3356

Brimbank

Suburb	Day/time	Commencing	Address
St Albans	Wed 6.30pm-8.30pm	1st May 2019	St Albans Community Centre 309C Main Road E, St Albans 3021

Hobsons Bay

Suburb	Day/time	Commencing	Address
Newport	Tue 7pm-9pm	30th April 2019	Newport Community Hub 13 Mason Street, Newport 3015
Laverton	Thu 7pm-9pm	2nd May 2019	Laverton Community Hub 95 Railway Avenue, Laverton 3028

Maribyrnong

Suburb	Day/time	Commencing	Address
West Footscray	Tue 7pm-9pm	30th April 2019	RecWest Footscray Cnr of Essex & Market Street, West Footscray 3012
Braybrook	Wed 6pm-8pm	1st May 2019	RecWest Braybrook 39 Lily Street, Braybrook 3019

Maryborough

Suburb	Day/time	Commencing	Address
Maryborough	Wed 6.30pm-8.30pm	1st May 2019	Maryborough Education Centre Gym 102-192 Balaclava Road, Maryborough 3465

Melton

Suburb	Day/time	Commencing	Address
Taylor's Hill	Tue 7pm-9pm	30th April 2019	Taylor's Hill Community Centre 121 Calder Park Drive, Taylor's Hill 3037
Melton West	Thu 4.30pm-6.30pm	2nd May 2019	Arnolds Creek Community Centre 19 Claret Ash Boulevard, Melton West 3337
Melton West	Thu 7pm-9pm	2nd May 2019	Arnolds Creek Community Centre 19 Claret Ash Boulevard, Melton West 3337

Sunbury

Suburb	Day/time	Commencing	Address
Sunbury	Thu 7pm-9pm	2nd May 2019	Goonawarra Primary School 3-6 Gullane Drive, Sunbury 3429

Wyndham

Suburb	Day/time	Commencing	Address
Werribee	Tue 4.30pm-6.30pm	30th April 2019	Eagle Stadium 35 Ballan Road, Werribee 3030
Werribee	Tue 7pm-9pm	30th April 2019	Eagle Stadium 35 Ballan Road, Werribee 3030

