

# *Thankyou for your contribution to the Macedon Ranges Suicide Prevention Workshop*

Update to all attendees of the Macedon Ranges Suicide  
Prevention Trial Workshop, August 2018.



# Macedon Ranges Suicide Prevention Trial

**Thank you for attending the Macedon Ranges Suicide Prevention workshop on 10 August 2018, and particularly for your contribution on the day.**

## Recap

The Macedon Ranges Suicide Prevention Trial is one of 12 trials across the state seeking to improve outcomes for people at risk of suicide. Primary Health Networks, in collaboration with the Department of Health and Human Services, are leading place-based trials based on an evidence-based methodology – the LifeSpan Model – that is informed by local understanding of environmental and social nuances.

The trial is aimed at identifying projects and actions that are appropriately pitched to respond to these local nuances and need, with a focus on building capacity and improving the service system.

## Results from the Workshop

The workshop was well attended with representation from a broad range of local stakeholders. The workshop's purpose was to gain a shared understanding of the issues facing the Macedon Ranges, what role we each play, what can be achieved if we work together, what are the areas of important focus and how we move together to bring about change.

Discussions on the day included shared interests, sharing knowledge of current activities and investments with participants later splitting into different tables for talks around the four themes of:

- Community capacity building and support
- The system
- Workforce training and development
- Long term prevention

The workshop also invited attendees to voice their uncertainties, concerns and frustrations regarding the trial to date. These frank discussions are helping us to find better ways to progress the work. Questions were tabled in relation to governance, broader health funding and the financial parameters of the trial. The day's work was captured in the attached graphics which provide a rich illustration of the discussions and shared thinking.

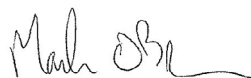
## Next steps

NWMPHN are now in the process of meeting individually with key stakeholders to progress the four identified streams of work. These discussions will:

- identify and prioritise actions;
- scope projects; and
- identify lead agencies to deliver on new actions and projects.

We are committed to improved outcomes for the people of the Macedon Ranges community. We thank you again for your commitment to reducing the suicide toll and look forward to continuing to work with you on this groundbreaking trial. We will keep you updated regularly.

Yours sincerely



Mark O'Brien

*Director, Mental Health and Wellbeing  
North Western Melbourne PHN*

## Further Information

### Action Plan 2017-2020

*A Draft Action Plan has been developed for Macedon Ranges and for Brimbank Melton Trial Sites. These are working documents specific to each Trial Site.*

*Contact Melissa Knight for a copy of the most recent action plan. on [melissa.knight@nwmpnhn.org.au](mailto:melissa.knight@nwmpnhn.org.au)*

[www.nwmpnhn.org.au/priority-area-topic/place-based-suicide-intervention/](http://www.nwmpnhn.org.au/priority-area-topic/place-based-suicide-intervention/)

## Contact us

**North Western Melbourne Primary Health Network**  
(03) 9347 1188

# PARTNERSHIP WORKSHOP

WORKING TOGETHER TO  
REDUCE THE IMPACT OF SUICIDE  
IN MACEDON RANGES  
10<sup>TH</sup> AUGUST 2018

YOU'RE THE  
EXPERTS!

TODAY'S  
PURPOSE:

FACILITATED BY  
RHONDA  
CHAPMAN

SHARED  
UNDERSTANDING  
IDENTIFY  
OPPORTUNITY  
NEXT  
STEPS

WHO'S IN  
THE ROOM?

MUM  
LOVERS OF  
OPEN FIRES  
& SOUP!  
WINE  
CONNOISSEURS  
CANADIANS

WISDOM, KNOWLEDGE &  
EXPERIENCE

TODAY WE'RE  
LOOKING FOR  
SHARED  
INTERESTS

LIVE SKETCHING BY  
SKETCH  
GROUP

IN THIS SPACE  
SOME OF THE PROGRAMS

LIVE FOR  
LIFE  
MR. SPAG  
MENTAL  
HEALTH  
FIRST AID  
TRAINING

THERE'S LOTS  
GOING ON

ORGANISATIONS  
INVOLVED...

- LINC FOR LIFE
- COUNCIL
- VIC-POL
- DHHS
- DJR
- INDIVIDUALS
- BENDIGO HEALTH
- PHN
- CAMS
- GIBBOURNE WOODWARD NETWORK
- SCHOOLS
- MENS SHED
- NEALST CLINIC
- COMMUNITY LEARNING CENTRE
- PS MY FAMILY MATTERS
- KIDSHUP
- COUNCIL
- CFA
- GIBBOURNE MEDICAL CENTRE
- HEADSPACE
- ODYSSEY HOUSE
- AL-ANON
- DENISE COUNSELLING
- LIVED EXPERIENCE
- DENISE VIC
- AMBULANCE
- JESUIT SERVICES
- MRH
- RISES IN THE OCEAN
- STAND BY
- PCP
- CO-EAN
- KINCTON HEALTH
- CLIC

PARTNERSHIPS  
DO WORK WHEN...  
DON'T WORK WHEN...  
COMMON PURPOSE  
SHARED & PERSONAL INTEREST  
ACCOUNTABILITY  
PRINCIPLED APPROACH  
CO-CREATION  
ACCESS INTO ORGANISATION  
POWER IMBALANCE  
LOTS OF SHOULD'S  
"I")

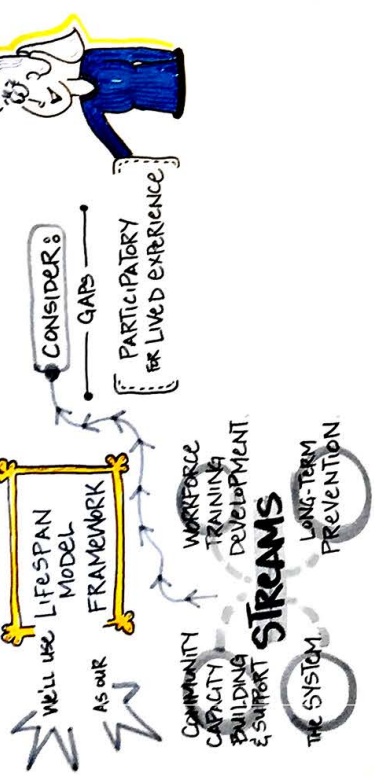
OUR DEFINITIONS

GOODWILL  
RESPECT  
SHARED GOALS  
WORK TOGETHER

LET'S GET STUFF DONE!



# The 'Real Work'

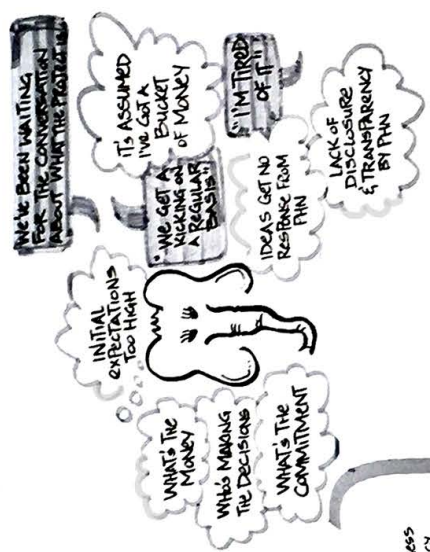


## ACTIONS

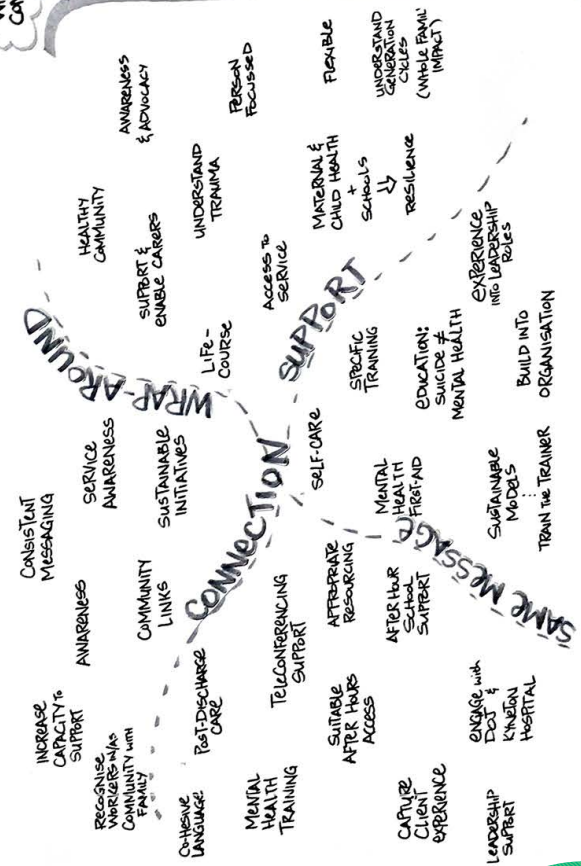
- ADVISE: HOW MUCH MONEY, & PARAMETERS FOR SPEND - PHN
- LOOK AT WHY CURRENT SYSTEM ISN'T WORKING - PETER ROBERTSON (WITH KINGTON HOSPITAL)
- COLLATE TODAY'S ACTIONS INTO LIFESPAN MODEL - MELISSA SKELLEY + ANNIE

COMMUNICATE THE ANSWERS TO QUESTIONS

- SHARE TOTAL FUNDING FOR MR. MENTAL HEALTH - PHN, MR SPAG
- DISCUSS/ADVISE WHAT DECISIONS CAN BE MADE BY WHOM
- DECISIONS NOT MADE BY PHN, BUT BY [THE RIGHT] PEOPLE IN THE ROOM
- SIT DOWN WITH US... ASK
- PHN TO TELL US WHAT THEY WANT - PHN
- 2ND WORKSHOP - DISCUSSES PRIORITIES
- SETUP COMM'S SYSTEM



## OUR SHARED INTERESTS



sketch group

LIVE SKETCHING BY