



Collaborative
Pairs Australia
A Consumers Health Forum Partnership

Collaborative Pairs Program

North Western Melbourne Primary Health Network (NWMPHN) and Consumers Health Forum of Australia (CHF) invite you to apply for this unique leadership training program.

Collaborative Pairs is a leadership training program which was developed by the King's Fund, an independent charity working to improve health and care in England.

Collaborative Pairs Australia will be a trial of the program in the Australian context. The aim of the program is to help consumers and health care providers work together to improve health care in north western Melbourne.

The program's key objectives are to:

- Build participant's skills in developing collaborative partnerships
- Break down cultural barriers that often exists between those providing a service, and those receiving a service


More information can be found at: <https://nwmphn.org.au/working-with-us/partnerships-collaborations/collaborative-pairs/>

Who is the program for?

The program is designed for pairs who live, work or receive health care in north western Melbourne. One half of the pair will be a consumer (such as a patient or carer) and the other half a health care provider (such as a doctor, nurse, pharmacist, allied health practitioner, receptionist or practice manager), both of whom would like to explore new ways of working with each other. The pairs will work together on a shared challenge, project or idea to improve health care in north western Melbourne. The program will focus on the relationship between the pairs and building the skills needed to work together.

What is the program?

The program will be delivered over five one-day workshops (see below for dates). Each pair will need to bring a shared challenge, project or idea to focus on during the program. In between workshops, pairs will receive support from facilitators to work on their shared



challenge. The approach is one of ‘learning through doing’. The workshops will cover the following topics:

- Forming relationships across the health system with people who have different ideas and priorities
- Learning how to handle tough conversations
- Learning how to share your message across your health service
- Learning how to work as equals
- Managing the political context
- Learning about your personal leadership and conflict resolution styles
- Building a support network to develop your partnerships in the workplace

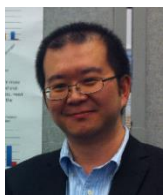
The program will involve guided reflection, interactive learning and practical activities. It has been designed to be flexible and to respond to the needs of the participants.

NWMPHN program facilitators



Louisa Walsh


Louisa is a physiotherapist, lecturer and researcher. She has had a double lung transplant due to cystic fibrosis and is the president of the Heart and Lung Transplant Trust of Victoria. This is a consumer-led organisation. It provides practical and social support for people throughout their heart and/or lung transplant journey.



Dr. Chi Li

Chi is a palliative care physician. He has worked in a range of inpatient, outpatient and community healthcare settings across Melbourne and country Victoria. He is involved in undergraduate and postgraduate education, supervision and mentoring. He is also involved in service development, consumer engagement and advocacy through a number of organisations.

Louisa and Chi are very excited to be part of this innovative new program. They strongly believe that patients and carers are a vital part of the health care team. They believe that



including consumer voices and knowledge will help to address problems in health services and systems. Louisa and Chi are committed to promoting consumer leadership in healthcare design, delivery and reform. Their history of collaboration, their experience as educators and leaders and their enthusiasm to learn, grow and share their skills make them ideal Collaborative Pairs facilitators.

Program details

When:

- Wednesday, 24 October 2018, 10.00am – 4.30pm
- Wednesday, 21 November 2018, 10.00am – 4.30pm
- Thursday, 13 December 2018, 10.00am – 4.30pm
- Wednesday, 30 January 2019, 10.00am – 4.30pm
- Wednesday, 27 February 2018, 10.00am – 4.30pm

There will be a second program starting in early 2019. Further details about how to apply for program two will be available late 2018.

Where:

North Western Melbourne PHN, Level 5, 369 Royal Parade, Parkville VIC 3052

How to apply

We are seeking consumers and health care providers who are interested in improving how they work together. Pairs will need to have the support and sponsorship of their related organisation (if they have one), to ensure they can get the most out of this program.

Interested pairs are required to provide a brief written application (one application per pair) addressing the following criteria (no more than 100 words per criteria and no more than 3 pages):

- Why do you want to take part in this program as a pair?
- What do you think 'collaborative practice' means and why is collaborative practice important to you both?
- Why have you chosen to work with each other? Can you provide a brief overview of either your individual and/or shared work history?
- What will be your shared challenge, project or idea that you will bring to the program?
- What do you hope to get out of taking part in this program as a pair?
- How do you think taking part in this program will benefit your organisation and/or community?

- How will your associated organisation support you in being part of this program (if relevant for pair)

Applicants must state their availability and commitment to attend all five sessions. Successful applicants will also be required to take part in an evaluation of the trial.

Applications are to be emailed to brodie.preston@nwmpnh.org.au by 12pm, 7 October 2018.

NWMPHN staff and Collaborative Pairs Facilitators will review applications and conduct informal interviews (via phone if required).

Successful applicants will be notified by 12 October 2018.

More information:

Please contact Brodie Preston or Amy Durmanic on 9347 1188 or email brodie.preston@nwmpnh.org.au , amy.durmanic@nwmpnh.org.au

Partners:



We acknowledge the peoples of the Kulin nation as the Traditional Owners of the land on which our work in the community takes place. We pay our respects to their Elders past and present.



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