

Call out for talent

We are looking for people to be the face of our CAREinMIND wellbeing support service promotions.

CAREinMIND Wellbeing Support Service is a free phone and online service, operating 24/7 for people who need advice, help and support to keep them happy and well. The aim of the service is to support people who need a little extra assistance to deal with life's challenges and stresses.

People using the service will have an initial assessment session and, depending on the situation, may be provided with additional counselling and support sessions, up to 3 times. There is also a final follow up session to help people stay on track. No referral is needed.

Visit careinmind.com.au or phone 1300 096 269.

We are looking for people from all backgrounds and all ages:

- older men and carers of older adults
- people with a refugee background
- Aboriginal or culturally and linguistically diverse (CALD) communities
- single parents
- LGBTIQ+

How to get involved

Be the face of our campaign

We are looking for people to be the face of our campaign. The photos will be used on posters, postcards, website and social media. You would be available for a 1-2 hour shoot at a central Melbourne location. The photoshoot date will be between 3-12 August with the date to be confirmed. A \$75 gift voucher will be provided as a thank you for your involvement.

OR/AND

Tell your story

If you have a story that you'd like to tell about a difficult situation you have faced and what has helped you keep well – let us know. We are looking for people, and real-life examples that other people may relate to.

We are also looking for health care providers to be a part of the campaign as advocates. If you are a counsellor or other health care provider who supports our vision to fix little problems before they become big ones, please get in touch.

Contact Julie Sucksmith at North Western Melbourne PHN on julie.sucksmith@nwmpnh.org.au or (03) 9347 1188

We acknowledge the peoples of the Kulin nation as the Traditional Owners of the land on which our work in the community takes place. We pay our respects to their Elders past and present.

