

Would a Home Medicines Review help you?

A Home Medicines Review helps you, your doctor and pharmacist, manage your medicines. Your doctor may arrange a trained pharmacist to visit you at home. At the visit the pharmacist will help you get the most out of your medicines.



How will a Home Medicines Review help me?

- You'll learn more about your medicines. For example, what they do and the best time to take them.
- Identify any possible side effects or interactions.
- Identify any medicines you no longer need.



What will happen?

1. Your doctor contacts your regular or local trained pharmacist.
2. The pharmacist will call you to make a suitable time to visit you at home.
3. At the visit the pharmacist will help you with your medicines and medical devices (inhalers, blood pressure monitors and blood glucose monitors).
4. The pharmacist will send a report to your doctor.
5. You will then meet with your doctor to discuss the report.
6. Your doctor will develop a medicines plan. This will be shared with your regular pharmacist.



A Home Medicines Review may be useful if you:

- take five or more medicines, or
- take more than 12 doses of medicines per day, or
- have had changes to your medicines in the last three months, or
- take medicines that need monitoring, or
- think you are suffering a side effect, or
- are worried your medicines are not working, or
- find it difficult to manage your tablets, or
- see more than one doctor, or
- have been discharged from hospital in the last four weeks.



Would a Home Medicines Review help you?

Speak to your doctor or pharmacist about one today.

Facts

- A Home Medicines Review is **FREE**.
- The visit with the pharmacist will take about 45 minutes.
- The visit is at home, so the pharmacist can check the storage of all of your medicines.