Think about Advance Care Planning today. Speak to your nurse or doctor.

FOR MORE INFORMATION

Office of the Public Advocate (OPA) Victoria

Visit the website for information about:

- medical decision making
- making enduring powers of attorney
- ordering OPA publications

www.publicadvocate.vic.gov.au

Call the OPA Advice Service on 1300 309 337

Advance Care Planning Australia

Find frequently asked questions (FAQs), forms, templates, brochures, videos and information about ACP.

www.advancecareplanning.org.au

Better Health Channel

Find information about advance care planning and a guide to the different steps involved.

www.betterhealth.vic.gov.au/ havetheconversation

www.mpcn.org.au

RA377b

Melbourne Primary Care Network

phn NORTH WESTERN MELBOURNE

An Australian Government Initiative

Who will make medical decisions for you if you can't?

Think about Advance Care Planning today

If you become very sick, or have a serious accident and cannot talk to your doctor about your own treatment…

Who will help make medical decisions for you?

How will they know what you want?

Advance Care Planning is a process of planning for your healthcare, for a time when you cannot make or communicate your decisions.

ADVANCE

CARE

PLANNING

Appoint an agent

You can appoint someone you trust to make decisions for you when you are unable to do so.

This person may or may not be a family member.

Chat and communicate

Talk to your family, friends and doctors about your values, beliefs and healthcare preferences. Tell them about what is important for you.

Also, talk to your doctors or other health professionals to find out more about what might be ahead.

Put it on paper

If there is something you feel strongly about, you can write it down in a written plan or directive, or in a letter describing your healthcare preferences.

For more information – see over the page.